

# Cork Homelessness Directory 2006 - 2007

**Guide to hostels, supported housing and advice  
services**



**Researched and written by**

Aileen O'Connor (Cork City Council),  
Diane Iles (Resource Information Service)

**Edited by**

Diane Iles and Peter Watson (Resource  
Information Service)

**Database development and production**

Nathaniel Sombu (Resource Information  
Service)

**Printed by**

Snap Printing, Cork

**Cover design**

Raven Design

**Published by**

Resource Information Service for Cork  
Homeless Forum in conjunction with  
Cork City Council.

© Cork Homeless Forum  
and Resource Information Service  
October 2006  
ISBN 1 871089 92 1

Resource Information Service is  
registered as Information Services  
Charity Limited  
Registered Charity No: 289076  
Registered Company No: 1804411

Information contained in this directory  
has been supplied by the projects  
themselves. Whilst every effort has been  
made to ensure that the details are  
accurate, Cork Homeless Forum and  
Resource Information Service cannot be  
held liable for any errors or omissions, or  
any consequences arising from them,  
nor be held responsible for the service  
provided by any of the  
projects/organisations referred to.

# Contents

---

Introduction	i
Cork Homeless Forum and Homeless Strategies	ii
Homeless Services in Cork	iii
How to Use this Directory	v
Sample Hostel Page	vii
Homeless Cork	viii
Link Client Recording System	viii
Resource Information Service	ix
<b>Hostels and Housing Projects</b>	
Emergency Hostels	1
Transitional Housing	15
Long Term Supported Housing	23
Specialist Housing	33
<b>Advice and Other Support Services</b>	
Homelessness Advice and Support	39
Alcohol and Drugs	45
Health and Mental Health	49
General Advice and Support	55
Specialist Advice and Support	59
<b>Indexes</b>	
Index of Projects for Women	
Index of Projects for Young People	
Alphabetical Index	



# Introduction

---

This is the first edition of the Cork Homelessness Directory. It has been produced as part of Cork Homeless Forum's "Homelessness – An Integrated Strategy for Cork 2005/2007" (see next page). It is also available in online form as part of the Homeless Cork website (see page viii).

It contains comprehensive details of over 557 bedspaces in 26 hostels and supported housing projects in Cork. It has information about hostels and housing projects for homeless people and others requiring supported accommodation, including women escaping domestic violence and people with alcohol, drug or mental health problems.

The Directory also includes details of key advice and support services for people who are homeless, at risk of homelessness or have housing problems.

As much information as possible is included about each project to enable users of the Directory to make their own judgements about quality and suitability.

We hope the Directory will become an invaluable referral tool for advisors working with homeless people. We welcome any comments and feedback on how it might be improved in the future.

We are grateful to all those working in hostels and agencies who gave information about their services.

The Directory is published by Resource Information Service and commissioned by Cork Homeless Forum (see next page).

The Directory is available free of charge to agencies working with homeless people in Cork from:

Cork City Council  
Homeless Office  
Housing and Community Directorate  
Central Fire Station  
Anglesea Street  
Cork  
Tel: 021 496 6222  
Email: [housing@corkcity.ie](mailto:housing@corkcity.ie)

**Cork Homeless Forum**  
**October 2006**

# Cork Homeless Forum and Homeless Strategies

**Homeless Forum and Homeless Strategies were formalised as a result of the Government's Integrated Strategy for Homelessness which was published in 2000. The strategies are drawn up in partnership between the statutory and voluntary bodies. They are action plans designed to provide an integrated delivery of services to homeless people.**

## Cork Homeless Forum

The Cork Homeless Forum was set up in 1993 and operates to the following mission statement: "Through commitment, partnership and action we will respond effectively to the diverse needs of homeless people in Cork." The primary role of the forum is to act as an advisory committee to the statutory and voluntary groups working in the homeless sector. The Forum is chaired by Cork City Council and the representatives are:

- Cork City VEC
- Cork County Council
- Cork Simon Community
- Cuanlee Refuge
- Good Shepherd Services
- Health Service Executive
- Society of St Vincent de Paul
- Threshold.

## Cork Homeless Strategies

The "Integrated Homelessness Strategy 2001-2003" was produced from a non-sectorial approach to combating homelessness in Cork. It was the first fully integrated and comprehensive approach to working for all homeless people in Cork and addresses the varied causes of homelessness.

"Homelessness – An Integrated Strategy for Cork 2005-2007" was produced following a review by Cork Homeless Forum of the 2001-2003 strategy. The review of the strategy reflects the ongoing commitment by the Forum to the National Action Plan Against Poverty and Social Inclusion (2002), the Local Development Social Inclusion Programme and the Health Strategy.

Much progress has been made against the targets set out in the first strategy. The review builds on the principles of good practice established by the Forum over the life of this first strategy. It addresses gaps in the service still existing from that period as well as current needs. It is also the road map for service providers and homeless people, outlining how best to provide and access the services for the life of the new strategy. It sets out a list of outcomes the Forum wishes to achieve in the longer term, together with an extensive programme of actions to achieve these outcomes.

Objective 5 of the 2005-2007 strategy states "We will be proactive in developing preventative strategies to break the cycle of homelessness".

To be effective in preventing and ending homelessness, homeless persons and service providers should be aware of what services are available to them and how to access these services. This is the basic premise which has led to Cork Homeless Forum commissioning this Directory and also the Homeless Cork website (see page viii).

A copy of the current Homeless Strategy for Cork is available from:

Cork City Council  
Homeless Office  
Housing and Community Directorate  
Central Fire Station  
Anglesea Street  
Cork  
Tel: 021 496 6222  
Email: [housing@corkcity.ie](mailto:housing@corkcity.ie)

## Homeless Services in Cork

This is an outline of services available to people who find themselves homeless in Cork. It concentrates on emergency services. The adult homeless integrated services in Cork also provide for transitional and long term supported accommodation, and other support services for homeless people.

### Homeless Persons Unit

If someone is homeless in Cork they should present to the Homeless Persons Unit in Drinan Street (see page 43). The Unit can make referrals into emergency accommodation. Community Welfare Officers for homeless people hold daily public clinics and there are regular clinics held by the Cork City Council Outreach Worker (see page 40). Supplementary Welfare Allowance and medical cards or GP visit cards can be applied for through the Community Welfare Officers.

### Supplementary Welfare Allowance

This is a means tested basic weekly payment paid while someone is waiting for a social welfare payment to come through. There are also supplements available for rent, mortgage, diet and heating. In exceptional circumstances, one off exceptional needs payments can be applied for. Proof of identity is required to claim this allowance (birth certificate, passport, Social Welfare card, evidence of income, P45, medical card).

### Medical card and GP visit card

Medical cards entitle people to free medical treatment by a doctor as well as prescribed medicines, drugs and medical appliances, and dental, optical and other medical services. People who are not eligible for a medical card are assessed for a GP visit card which entitles them to GP visits only.

There is a right of appeal for anyone who is not satisfied with a decision about a payment under the Supplementary Welfare Allowance Scheme or a decision about a medical card. For appeals or further information telephone 1850 742222.

### Health services for homeless people

There are some specific health services which homeless people can access via Cork Simon Community and Society of St Vincent de Paul projects (see also HSE Multi-disciplinary Team entry on page 51)

- General Practitioner (GP) - sees residents of the homeless shelters and those who are sleeping rough. Both medical card and non-medical card holders are seen.
- Public Health Nurse - sees clients who are staying in the homeless shelters or are sleeping rough.

- Psychiatrist/Clinical Psychologist - works on an appointment system and provides an outreach service. Referrals are made through the GP.
- Community Mental Health Nurse - provides an outreach service in the homeless shelters. Referrals are made through the Psychiatrist.
- Addiction Counsellor - is available by referral from both statutory and voluntary agencies.
- Health Promotion Officer - does not provide a direct service but works through the service providers. Health promotion activities are usually carried out in a group setting and are developed according to the specific needs of each group.

### How to apply for housing

Anyone who is homeless should contact Cork City Council or Cork County Council Housing Department (see page 40-41) as soon as possible if they want to apply for local authority housing.

Anyone applying for housing will need to take:

- PPSN number for everyone (including children)
- birth certificate for each child on the application
- certificate of income for all income earners on the application
- passport photo for applicant and joint applicant
- proof of address.

Details of emergency hostels are given on page 1.





## How to Use this Directory

---

**The Cork Homelessness Directory contains detailed information about diverse accommodation and non-residential advice and support projects. Its focus is on services for homeless people, and those in housing need or at risk of homelessness. It also contains details of services for other specific client groups, especially around issues related to homelessness.**

**This section provides brief guidance on the range of projects included, the structure of the Directory and how to use it to find appropriate projects.**

The Directory is in two main parts: accommodation for homeless people and non-residential advice and support projects.

These are divided into sections covering services of a particular type or for a specific client group. A list of sections appears in the Contents page at the front of the book.

Each section introduction explains the sort of projects it contains. A list of the projects included within each section is also provided. Each project is included only once in the Directory and appears in the most appropriate section.

Indexes listing projects for specific client groups are provided at the end of the Directory.

### **Accommodation Projects**

Whilst all projects provide accommodation for homeless people and others with particular support needs, they vary widely in size, target group, support provided, referral procedure, length of stay and other important aspects.

At the front of the Directory are hostels which provide emergency accommodation to homeless people. The next section contains details of transitional housing projects which focus on moving on from emergency accommodation and towards independent living. The third section contains long term supported accommodation projects for those who need ongoing support. The final section contains specialist accommodation projects for people with eg substance misuse and mental health problems.

### **Advice and Support Services**

The second part of the Directory contains details of non-residential advice and support services for homeless people, and those in housing need or at risk of homelessness. It includes specialist services for homeless people eg day centres, homelessness advice, settlement and outreach services. It also contains advice and support services about related issues and for specific client groups eg domestic violence, people with alcohol or drug problems, young people and refugees.

### **Finding accommodation projects**

When looking for suitable projects, a person's age, gender and support needs are crucial. This information is needed to exclude unsuitable projects and to help choose the most appropriate accommodation from the Directory.

If someone literally has nowhere to stay that night then the best place to start is often by looking in the emergency hostels section. Maps and travel directions can be photocopied for anyone who needs to find their way to emergency accommodation.

Some people who are in housing need or about to become homeless may be able to wait for accommodation until a vacancy arises or a waiting list opens at a non-emergency project. In this case, consider if they need any support from project staff in addition to accommodation. Support needs include the extent to which a client can manage budgeting, living skills (eg cooking, housework), hygiene, communication (ie any literacy or language problems), and finding employment, training or move-on accommodation. Any issues people may have around mental health, or drug or alcohol abuse also need to be identified. Use the Target group, Will not accept and Support services fields in each entry to assess the suitability of each individual project.

## How to Use this Directory (Continued)

---

The facing page is a sample entry giving a full explanation of the contents of fields in hostel entries.

Before referring someone to accommodation, it is vital to check the referral procedure. Some projects only accept referrals from specific agencies and will not accept self referrals or referrals from any other agencies.

Vacancies at some projects can be limited and people may have to be as flexible as possible in where they stay initially. Some projects rarely have vacancies, so also check the Vacancies field.

### **Finding advice and other non-residential projects**

Advice and support projects may offer a range of services for a number of client groups. A list of sections can be found on the Contents page.

When looking for an appropriate service, as well as looking at the local projects, consider if services may also be available from national organisations or telephone helplines. Also, if looking for eg housing advice, consider if a generalist advice agency may also offer help with housing issues.

### **Indexes**

The indexes at the back of the book will help with locating services. To find a project that you know the name of, use the alphabetical index.

There are indexes to help you quickly find projects that are specifically for women or young people.

## Name of hostel or housing project

Address for referrals

Phone number for referrals  
Project websiteFax number for referrals  
Email address for referrals

### Target group

General guide to the client group(s) the hostel aims to house.

#### Will not Accept

Indicates people the hostel cannot/does not wish to accept.

#### Age

Minimum, maximum and average age of residents.

#### User profile

Brief information about the make up of the resident population, based on information supplied by the projects about their current user group.

### Referral procedure

Details of how to gain access to the project, including times that they can be contacted by phone for vacancy details and what background information is needed.

#### Referral agencies

Information about which agencies the hostel will accept referrals from.

### Policies

Brief details of equal opportunities targets and policies, and procedures relating to harassment and complaints.

#### Tenure and house rules

Information about rules around alcohol use, attendance at meetings etc. The type of tenancy or licence agreement given to residents in the project.

#### Resident access

Do residents have a key? Is there a night-time curfew?

#### Visitors

Are visitors allowed? If so, at what times? Are overnight guests allowed?

### Vacancies

Average frequency of vacancies and whether there is a waiting list.

### Length of stay

Minimum, maximum and average length of stay for residents.

### Accommodation

#### Total spaces

How many people/households.  
Number/type of buildings.

#### Rooms (cost per week)

Room sizes, number of beds and weekly charges.

Notes on other rates and charges.

#### Facilities

Baths	How many share each bath.
-------	---------------------------

Showers	How many share each shower.
---------	-----------------------------

Toilets	How many share each toilet.
---------	-----------------------------

Laundry	Yes/No
---------	--------

TV	Yes/No
----	--------

Other	Other communal facilities.
-------	----------------------------

Furnishings	Brief information about furniture.
-------------	------------------------------------

Disabled facilities	Details of any fully wheelchair accessible bedspaces or any aids and adaptations of use to people with physical disabilities.
---------------------	---

Food	Catering arrangements, what meals or food are provided.
------	---

Cooking facilities	Kitchens available for use by residents, how many share each kitchen.
--------------------	---

### Support services

Details of staffing levels, and support and assistance available to residents. Includes whether there is 24 hour cover, keyworking systems, action plans, details of formal and informal support programmes and activities.

#### Health

Brief details of any regular sessions run by health professionals.

#### Access to move-on

What resettlement work is undertaken by the project, including follow-up support to ex-residents. Information about the project's nomination rights to long term and permanent accommodation or any second stage accommodation.

### Further information

A brief overview of the project, highlighting any key aspects, and including a general description of aims and ethos, often in the organisation's own words (this appears in quotation marks). May also contain details that cannot be fitted in above.

#### Group

Is the hostel part of a larger organisation?

#### Travel

Nearest station/bus route to project.

## Homeless Cork ([www.homelesscork.org](http://www.homelesscork.org))

---

Homeless Cork is a new website developed by Resource Information Service on behalf of Cork Homeless Forum. It will be launched at the end of 2006 and complement the Cork Homelessness Directory.

Homeless Cork is not only an online version of the Directory. Other key features of Homeless Cork are:

- online hostel vacancy information for agencies that are registered users in Cork.
- easy-to-use but sophisticated search facilities
- links to other websites and publications about homelessness and related issues.

If you would like more information about Homeless Cork or how to become a registered user, please contact:

Cork City Council  
Homeless Office  
Housing and Community Directorate  
Central Fire Station  
Anglesea Street  
Cork  
Tel: 021 496 6222  
Email: [housing@corkcity.ie](mailto:housing@corkcity.ie)

## Link Client Recording System

---

Link is a secure web-based client recording system that allows organisations to input and monitor all details of clients, work done with them and key outcomes. By the end of 2006 key homelessness agencies in Cork will be using Link to deliver a more effective service to people in need.

Agencies that use Link in Cork include Cork City Council, Cork Simon Community, Cuanlee, Good Shepherd Services, Health Service Executive, Mount Cara, Oakdene House, O'Connell Court, Renewal, Society of St Vincent de Paul, Sophia Housing Association, St Vincent's Centre, Threshold and Wellsprings.

### Key features

- Instant real-time information on clients, actions and outcomes.
- Shared data across projects and between organisations.
- Powerful search, management and monitoring tools.
- Comprehensive reporting and data download capabilities.
- Provides invaluable client data for project staff and managers, fundraisers, researchers, campaigners and policy makers.
- Can be accessed by registered users directly or from the Homeless Cork website.

In Cork, Link is managed by Cork City Council. For more information about how it is run locally contact:

Cork City Council  
Homeless Office  
Housing and Community Directorate  
Central Fire Station  
Anglesea Street  
Cork  
Tel: 021 496 6222  
Email: [housing@corkcity.ie](mailto:housing@corkcity.ie)

Link has been developed by Resource Information Service. For more information about the system contact:

Jane Finucane  
Link Project Manager  
Resource Information Service  
Bramah House  
65-71 Bermondsey Street  
London SE1 3XF  
Tel: 00 44 20 7939 0651  
Email: [jane.finucane@ris.org.uk](mailto:jane.finucane@ris.org.uk)

## Resource Information Service

---

**Resource Information Service (RIS) is a charity based in London. It is a leading publisher of information about services for homeless people and others in need in the UK and Ireland. We research and publish a range of directories, websites and CD-ROMs that help voluntary and statutory organisations deliver better services.**

Our current homelessness-related projects include:

### **Local homelessness directories and websites**

As well as the Cork Homelessness Directory and the Homeless Cork website, we research and publish a range of local directories and websites on behalf of other local authorities and homelessness organisations.

In Ireland we publish Homeless Agency's Homelessness Directory and have set up the Homeless Dublin website ([www.homelessdublin.org](http://www.homelessdublin.org)) for them.

Our other homelessness publications are UK based and include the national Homeless UK website ([www.homelessuk.org](http://www.homelessuk.org)) and many local homelessness directories.

### **Homeless Cork**

See previous page.

### **Link Client Recording System**

See previous page.

For full details of all our publications and information systems, contact us at:

Resource Information Service  
Bramah House  
65-71 Bermondsey Street  
London SE1 3XF  
Tel: 00 44 20 7939 0641  
Fax: 00 44 20 7939 0643  
email: [ris@ris.org.uk](mailto:ris@ris.org.uk)  
website: [www.ris.org.uk](http://www.ris.org.uk)



This section contains information on emergency, temporary or refuge accommodation that can be directly accessed by people who are homeless or women escaping domestic violence.

These projects are mostly based in the centre of Cork.

Two of the projects are specifically for adolescent homeless people; Good Shepherd Services - Riverview is for girls aged 14-18 and Pathways is for boys aged 14-17.

#### Included in this section

Cork Simon Community - Emergency Shelter .....	2	Cuanlee Refuge .....	4
Good Shepherd Services - Edel House .....	6	Good Shepherd Services - Riverview .....	8
Pathways .....	10	Society of St Vincent de Paul - St Vincent's House .....	12

## Cork Simon Community - Emergency Shelter

Anderson's Quay  
Cork

Tel 021 427 8728  
Web [www.corksmon.ie](http://www.corksmon.ie)

Fax 021 422 3947  
Email [shelter@corksmoncommunity.ie](mailto:shelter@corksmoncommunity.ie)

### Target group

Single homeless people. Can accommodate 2 couples.

### Will not accept

No automatic exclusions.

### Age

Min 18 Max None Ave -

### Referral procedure

Self or agency referrals. Phone or call in (24 hours daily). Interview.

### Referral agencies

Accept self referrals and referrals from any agency.

### Policies

Written EOP, harassment policy and complaints procedure.

### Tenure and house rules

No alcohol allowed on the premises. No formal written agreement. Written house rules.

### Resident access

24 hour access via entryphone.

### Visitors

Not allowed.

### Vacancies

Daily. No waiting list.

### Length of stay

Min 1 night

Max 6 months

Ave -

### Accommodation

**Total spaces** **44**

### Rooms (cost per week)

Single: 40 at €40

2 bed: 2 at €40

Nightly charge is €6.

### Facilities

Baths -

Showers 1 to 7 people

Toilets 1 to 4 people

Laundry Yes

TV Yes

Other Lounge, patio.

Furnishings Rooms partly furnished.

Disabled facilities Can accommodate 4 wheelchair users.

Food Full board provided.

Cooking facilities None.

### Support services

13 full time and 7 part time staff, 3 volunteers, 24 hour waking cover. Keyworker system (3 residents per keyworker), with meetings as required. Care plans cover physical and mental health, substance misuse, social issues, family, life skills, finance, education, training and employment. Staff provide advice, support, advocacy and referral to other appropriate services. Social activities.

### Access to move-on

Cork Simon Settlement Team provide advice and support in securing move-on accommodation, the move and ongoing support around, education, training and employment. Provide follow-up support for as long as is required.

### Further information

The Emergency Shelter provides direct access accommodation for 44 single homeless people. The project accepts self referrals and referrals from any agency 24 hours daily. "Emergency Shelter works closely with other Cork Simon projects - Residential, Settlement and particularly the Day Centre for access to the Adult Homeless Multi-Disciplinary Medical Team. The Shelter also offers resident support in accessing and securing private rented accommodation where appropriate."

### Group

Cork Simon Community.

### Travel

Kent rail station - 10 minutes walk, Cork bus station - 2 minutes walk.



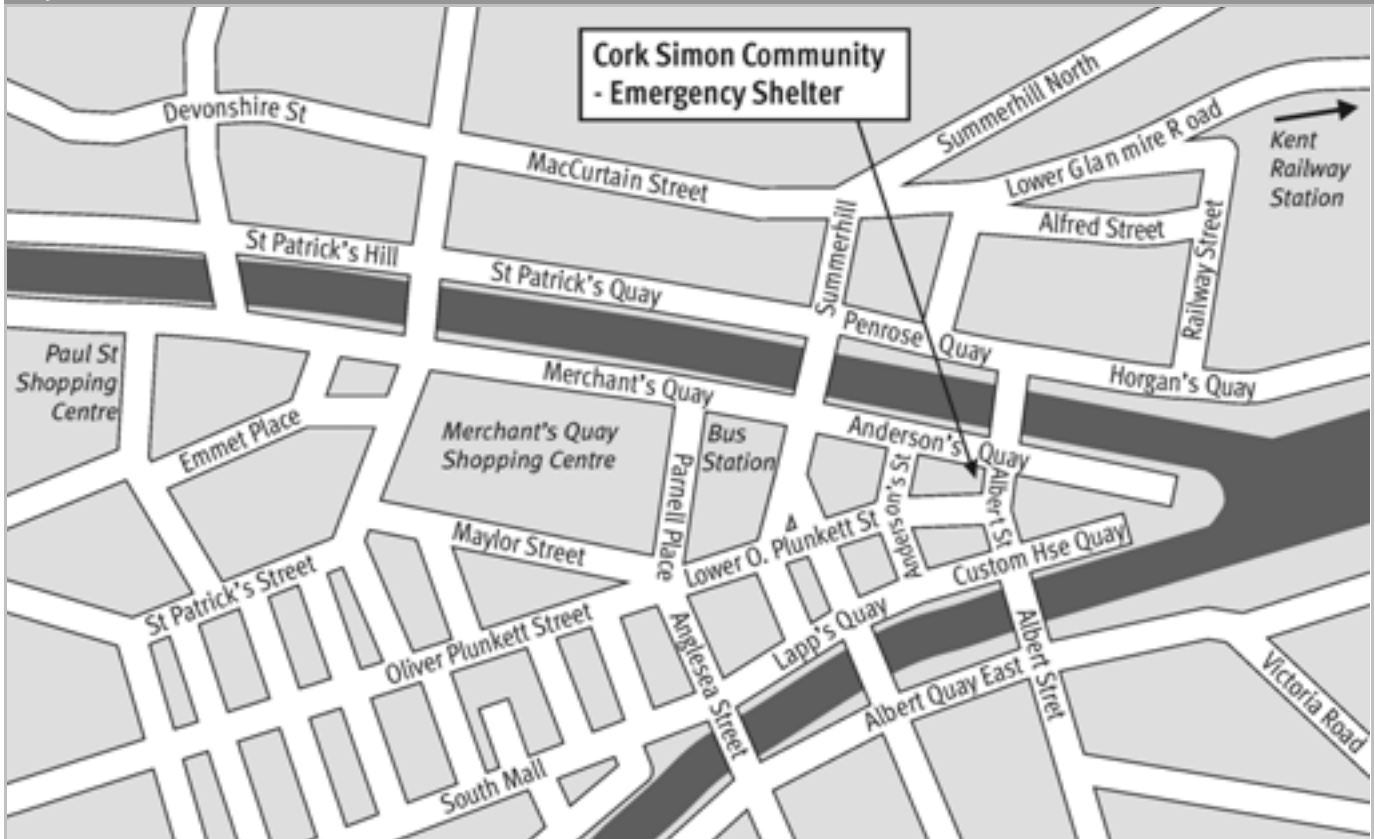
## Cork Simon Community - Emergency Shelter

Anderson's Quay  
Cork

Tel 021 427 8728  
Web [www.corksmon.ie](http://www.corksmon.ie)

Fax 021 422 3947  
Email [shelter@corksmoncommunity.ie](mailto:shelter@corksmoncommunity.ie)

### Map and directions



### Travel directions

Public transport: Kent rail station - 10 minutes walk, Cork bus station - 2 minutes walk.

From the bus station turn right onto Merchant's Quay. Continue into Anderson's Quay. The Emergency Shelter is on the right hand side just before Albert Street.

## Cuanlee Refuge

Kyrl's Quay  
Cork

Tel 021 427 7698  
Web [www.cuanleerefuge.org](http://www.cuanleerefuge.org)

Fax 021 427 8118  
Email [cuanleerefuge@hotmail.com](mailto:cuanleerefuge@hotmail.com)

### Target group

Single women and women with children experiencing domestic violence. Accept children up to the age of 12 (may accept women with older children on a nightly basis in an absolute emergency).

#### Will not accept

Women actively drinking or drug taking.

#### Age

Min 18 Max None Ave 20-40

### Referral procedure

Self or agency referrals. Phone or call-in (24 hours daily). Interview.

#### Referral agencies

Accept self referrals and referrals from any agency.

### Policies

Written harassment policy.

#### Tenure and house rules

No alcohol allowed on the premises. All children under 5 must be seen by the Public Health Nurse. Written house rules.

#### Resident access

Must be in by 9pm.

#### Visitors

Not allowed.

### Vacancies

Monthly. Occasionally operate a waiting list.

### Length of stay

Min 1 night

Max 4 months

Ave 5 weeks

### Accommodation

**Total spaces** 6

#### Rooms (cost per week)

Family unit: 6 at €15

#### Facilities

Baths -

Showers 1 to 3 people

Toilets 1 to 2 people

Laundry Yes

TV Yes

Other Lounge, play areas, garden.

Furnishings Flats fully furnished.

Disabled facilities 1 flat is fully wheelchair accessible. Bathroom adapted for people with disabilities.

Food Self catering.

Cooking facilities Own kitchen in each flat.

### Support services

6 full time and 2 part time staff, 24 hour waking cover. Individual support following assessment of women's and children's needs. Counselling and groupwork. Liaison with social workers, schools, GPs, etc.

#### Health

All children aged under 5 are seen by Public Health Nurse.

#### Access to move-on

Provide advice on move-on options and help with housing and grant applications. Provide follow-up support for as long as required.

### Further information

Cuanlee Refuge provides crisis accommodation for female victims of domestic violence and their children. The accommodation comprises 6 family units with own lounge and kitchen, and communal bathrooms, lounge, playroom and outdoor play area. "The aim of Cuanlee is to provide a safe environment where individualised care and support is offered, enabling empowerment."

#### Travel

Cork bus station - half a mile, Kent rail station - 1 mile.

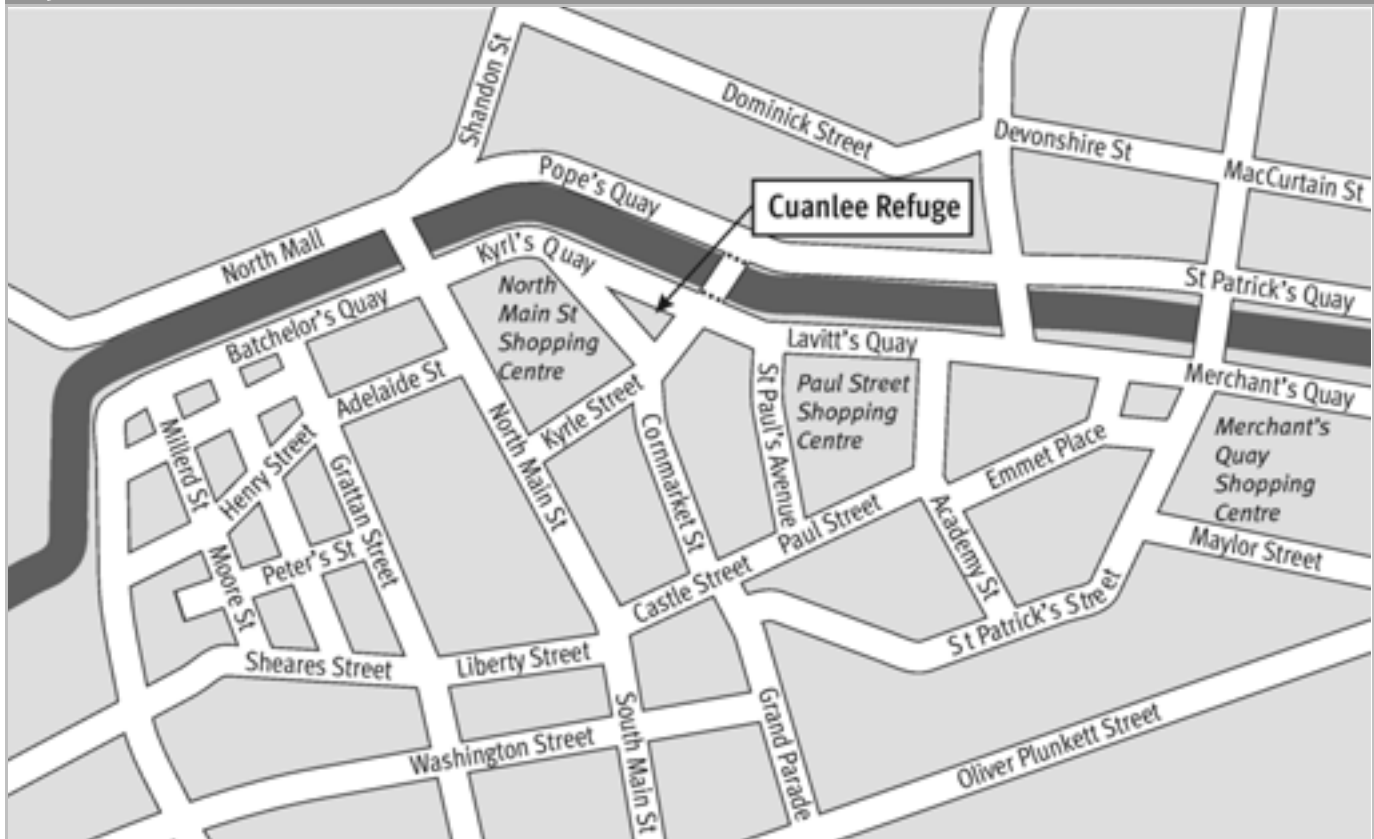
## Cuanlee Refuge

Kyrl's Quay  
Cork

Tel 021 427 7698  
Web [www.cuanleerefuge.org](http://www.cuanleerefuge.org)

Fax 021 427 8118  
Email [cuanleerefuge@hotmail.com](mailto:cuanleerefuge@hotmail.com)

### Map and directions



### Travel directions

Public transport: Cork bus station - half a mile, Kent rail station - 1 mile.

From the bus station turn left onto Merchant's Quay. Continue along Lavitt's Quay and Coal Quay into Kyrl's Quay. Cuanlee Refuge is on the left shortly after the start of Kyrl's Quay.

## Good Shepherd Services - Edel House

Grattan Street  
Cork

Tel 021 427 4240

Fax 021 427 4160

Email gssedelhouse@eircom.net

### Target group

Homeless women, with or without children, and single homeless girls. Minimum age of homeless girls accepted is on a case by case basis. Boys accompanying homeless women are only accepted if under 13.

#### Will not accept

Sex offenders.

#### Age

Min None Max None Ave 25

### Referral procedure

Self or agency referrals. Phone or call-in (24 hours daily). Basic details taken by phone. Admission form completed on arrival.

#### Referral agencies

Accept self referrals and referrals from any agency.

### Policies

Written complaints procedure.

#### Tenure and house rules

No alcohol allowed on the premises. Written conditions of residency.

#### Resident access

Must be in by 11.30pm. Mothers are expected to be with their children from 8.30pm.

#### Visitors

Until 10.30pm. Women only. In family bedsits or visitors' room. Overnight with staff permission.

### Vacancies

Daily. Operate a waiting list of about 1 week or 4 people.

### Length of stay

Min	None
Max	6-12 weeks
Ave	6-8 weeks

### Accommodation

**Total spaces** **33**

In 9 family bedsits and 6 shared rooms for single women.

### Rooms (cost per week)

4 bed:	6 at €66
Bedsit:	9 at €71

### Facilities

Baths	1 to 24 people
Showers	1 to 12 people
Toilets	1 to 5 people
Laundry	Yes
TV	Yes
Other	Lounge, relaxation room, playroom.
Furnishings	Rooms fully furnished. Family bedsits are ensuite.
Disabled facilities	1 fully wheelchair accessible family bedsit, can be used for single women if appropriate.
Food	Self catering.
Cooking facilities	Own cooking facilities in family bedsits. Shared cooking facilities in shared rooms.

### Support services

12 full time and 3 part time staff, 4 volunteers, available 9am-12.30am daily, emergency on-call system. Compulsory keywork system with meetings at least weekly. Action plans with agreed outcomes, reviewed at least fortnightly. Training programme covers lifeskills, budgeting, cooking, health and child development. Liaise with GPs, other health professionals, schools, etc. Counselling available.

#### Health

Nurse visits all children aged under 5.

#### Access to move-on

Staff provide advice on move-on options, help with locating appropriate accommodation and accompany residents to viewings. Refer to Good Shepherd Services's outreach team for follow-up support.

### Further information

Edel House provides supported accommodation for single homeless women and women with children. There are 2 emergency beds for girls under the age of 18. Single women usually stay for a maximum of 6 weeks and families for a maximum of 3 months. The accommodation comprises 9 family bedsits and 6 4-bed rooms for single women.

#### Group

Good Shepherd Services.

## Good Shepherd Services - Edel House

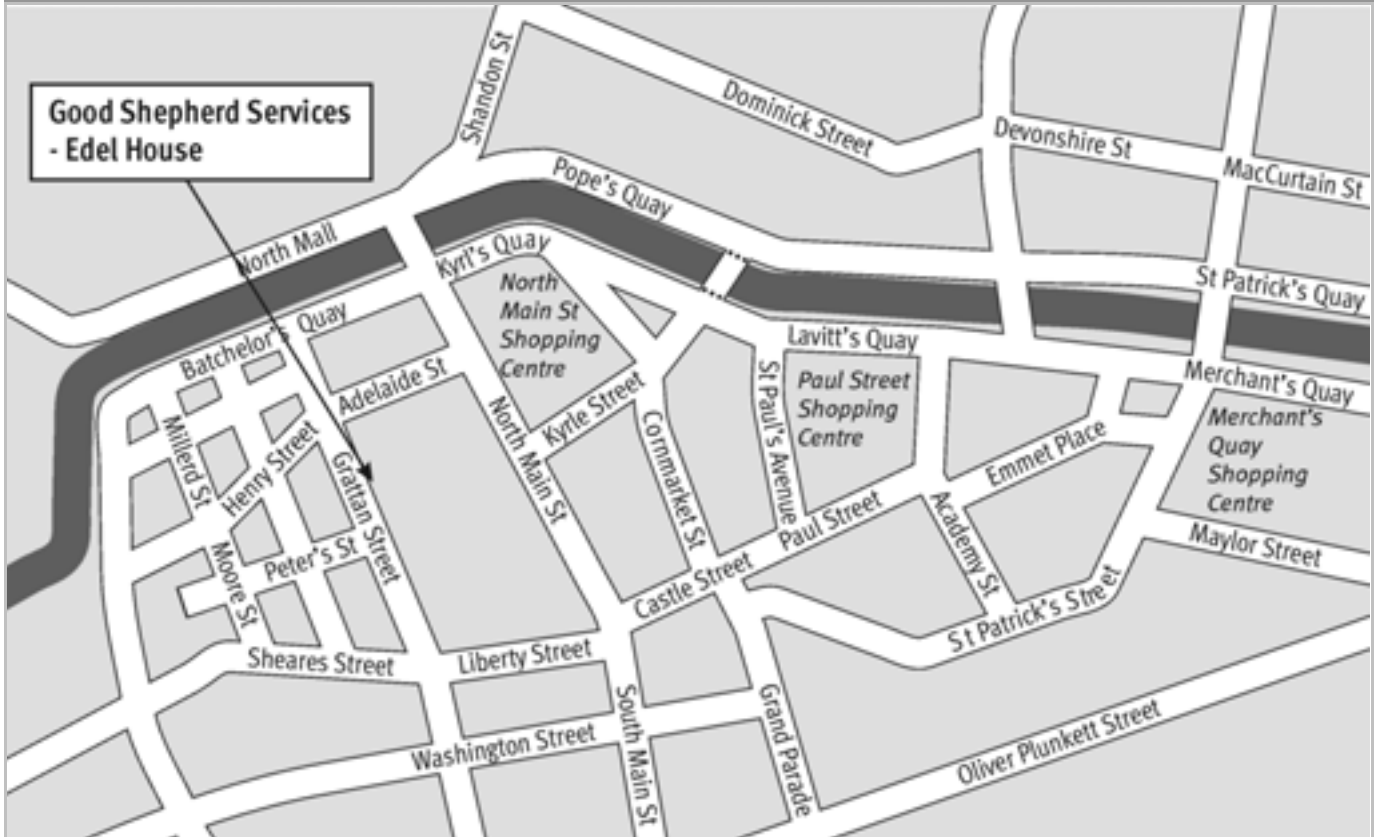
Grattan Street  
Cork

Tel 021 427 4240

Fax 021 427 4160

Email [gssedelhouse@eircom.net](mailto:gssedelhouse@eircom.net)

### Map and directions



### Travel directions

From the bus station turn left onto Merchant's Quay. Take the third road on the left - Emmet Place. Turn right into Paul Street and continue into Castle Street. Cross over Main Street into Liberty Street. At the end of Liberty Street turn right into Grattan Street. Edel House is on the right hand side shortly after Peter's Street which is on the left.

## Good Shepherd Services - Riverview

3 North Mall  
Cork

Tel 021 430 4205

Fax 021 430 4205  
Email [gssriverview@eircom.net](mailto:gssriverview@eircom.net)

### Target group

Adolescent girls aged 14-18 who are out of home.

### Will not accept

Girls with a history of chronic drug use. Those with disruptive behaviour that would affect the running of the unit.

### Age

Min 14 Max 18 Ave 17

### Referral procedure

Self or agency referrals. Phone or call-in (24 hours daily) for emergency referrals. Write, fax or phone (9am-5pm Mon-Fri) for application form for short/medium term placements. Applications discussed at admissions committee meeting.

### Referral agencies

Accept self referrals and referrals from any agency. Most agency referrals come from Liberty Street Services and the Health Service Executive.

### Policies

Written complaints procedure.

### Tenure and house rules

No alcohol allowed on the premises. Must attend residents' meetings. Contract of residency.

### Resident access

Must be in by 11pm.

### Visitors

Not allowed, except for family who may usually visit until about 9pm.

### Vacancies

Monthly. No waiting list.

### Length of stay

Min	1 night
Max	8 months
Ave	3-4 months

### Accommodation

**Total spaces** 6

### Rooms (cost per week)

Single: 6 at See below  
All costs are met by the Health Service Executive.

### Facilities

Baths	1 to 3 people
Showers	1 to 3 people
Toilets	1 to 3 people
Laundry	Yes
TV	Yes
Other	Lounge, computer room, garden.
Furnishings	Rooms fully furnished, with washbasins.
Disabled facilities	None.
Food	Self catering.
Cooking facilities	One shared kitchen.

### Support services

8 full time and 4 part time staff, available 8am-12 midnight, sleep-in cover. Keywork system (1 resident per keyworker), with weekly meetings. Care plans are reviewed monthly and cover a range of needs, including medical, education/training, accommodation, financial and therapeutic, and independent living skills and aftercare. Each resident assigned a social worker. Life skills package.

### Access to move-on

Help to identify appropriate move-on and help with daily living skills as part of keywork. Provide follow-up support for as long as required.

### Further information

Riverview provides emergency and short to medium term accommodation for girls aged 14-18 who are out of home. The project accepts self referrals and referrals from any agency. Emergency referrals are accepted 24 hours daily and referrals for short to medium term placements are accepted in office hours. The accommodation is self catering and comprises 6 single rooms with shared facilities.

### Group

Good Shepherd Services.

### Travel

Bus station - 10 minutes walk. Train station - 20 minutes walk.

## Good Shepherd Services - Riverview

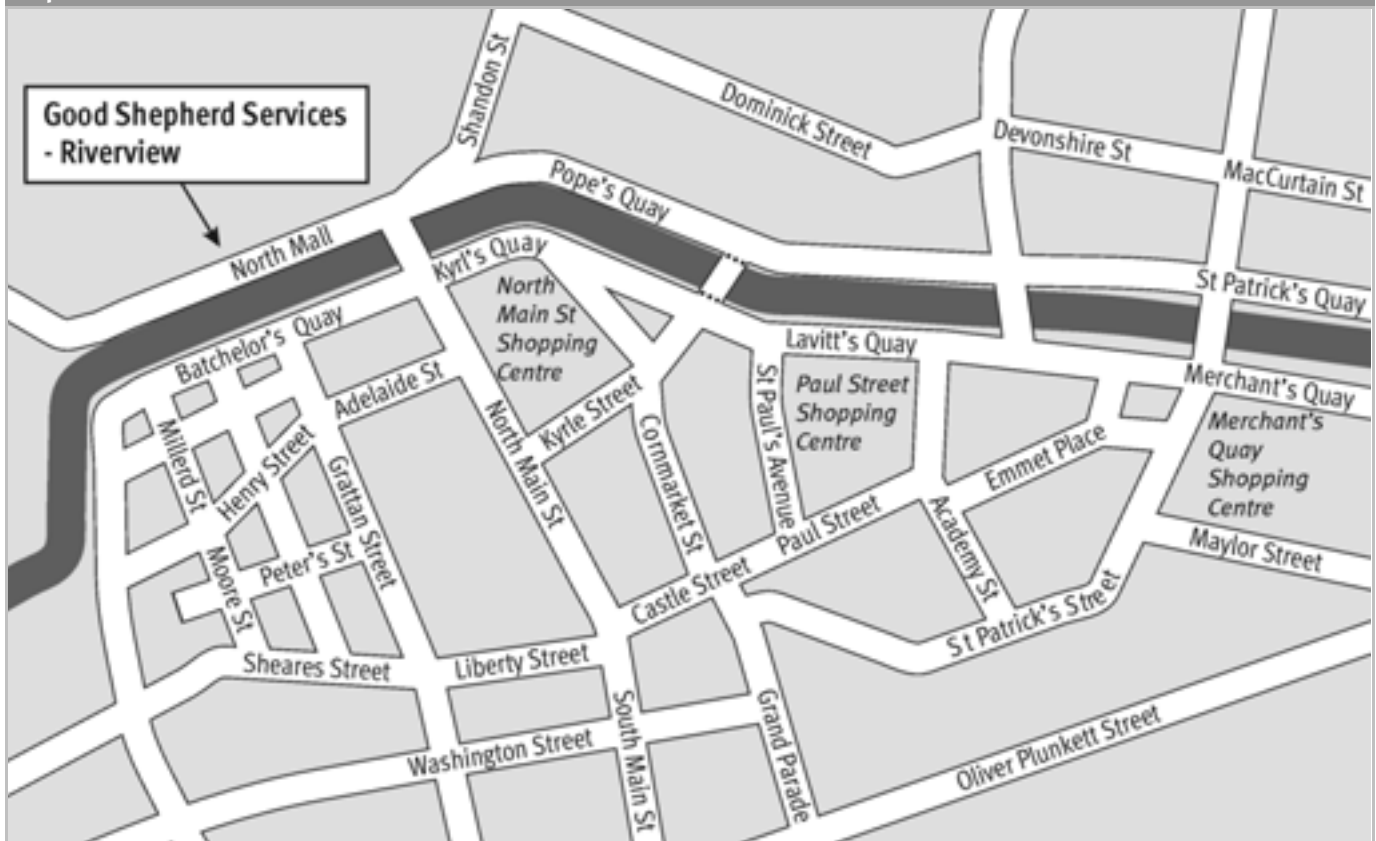
3 North Mall  
Cork

Tel 021 430 4205

Fax 021 430 4205

Email [gssriverview@eircom.net](mailto:gssriverview@eircom.net)

### Map and directions



### Travel directions

Public transport: Bus station - 10 minutes walk. Train station - 20 minutes walk.

From the bus station turn left onto Merchant's Quay. Continue along Lavitt's Quay, Coal Quay and Kyril's Quay. At the end of Kyril's Quay cross over North Gate Bridge. Turn left at the other side of the river along North Mall. Riverview is on the right hand side.

## Pathways

92 Ballyhooley Road  
Cork

Tel 021 450 7050

Fax 021 450 7288

### Target group

Adolescent boys aged 14-17 who are out of home, including separated children seeking asylum. May accept younger boys in an absolute emergency.

### Will not accept

No automatic exclusions. May not accept "young people that have been admitted previously and who caused serious trouble in the local community".

### Age

Min 14 Max 17 Ave 17

### Referral procedure

Self or agency referrals. Phone or call-in (24 hours daily). Application form completed by referral agency. Ask for proof of ID if available.

### Referral agencies

Accept self referrals and referrals from any agency. Most agency referrals come from Liberty Street Services and the Health Service Executive.

### Policies

Written complaints procedure.

### Tenure and house rules

No alcohol allowed on the premises. No formal written agreement.

### Resident access

Must be in by 10.30pm Sunday- Thursday and by 12 midnight Friday-Saturday.

### Visitors

Yes, restrictions around time, location, etc decided on an individual basis. No overnight guests.

### Vacancies

Varies. No waiting list.

### Length of stay

Min	1 night
Max	12 weeks
Ave	9 weeks

### Accommodation

**Total spaces** 5

### Rooms (cost per week)

Single:	4 at	See below
2 bed:	1 at	See below
2-bed room occasionally shared by brothers.		
All costs met by Health Service Executive.		

### Facilities

Baths	-
Showers	1 to 5 people
Toilets	1 to 5 people
Laundry	Yes
TV	Yes
Other	Lounge.
Furnishings	Rooms fully furnished.
Disabled facilities	None.
Food	Breakfast and evening meal provided.
Cooking facilities	One shared kitchen.

### Support services

14 full time staff, 24 hour waking cover. Keywork system (2 workers per resident), with meetings twice weekly on average. Care plans reviewed fortnightly, cover family relationships, self care, physical/mental wellbeing, and social and peer relationships. Provide support around independent living skills, accessing counselling, addiction services and school/training, and mediation with families.

### Access to move-on

Provide support around returning to family home, moving on to more appropriate care or preparing for independent living. Ex-residents can phone 24 hours daily or arrange to visit for ongoing support.

### Further information

Pathways provides emergency accommodation for up to 12 weeks for adolescent boys aged 14-17 years who are out of home, including separated children seeking asylum. "The Social Work Department based in Liberty Street Services would be the main avenue into the centre. However, referrals are also accepted from Area Social Work Teams, Immigration, self referrals and other agencies. Such admissions would then be linked into Liberty Street Services when they are admitted out of hours ie night time and at weekends." The project has 5 rooms, one of which is 2-bed and may very occasionally be used for brothers.

### Group

Health Service Executive - Southern Area.

### Travel

Kent rail station and Cork bus station - 15 minutes walk.



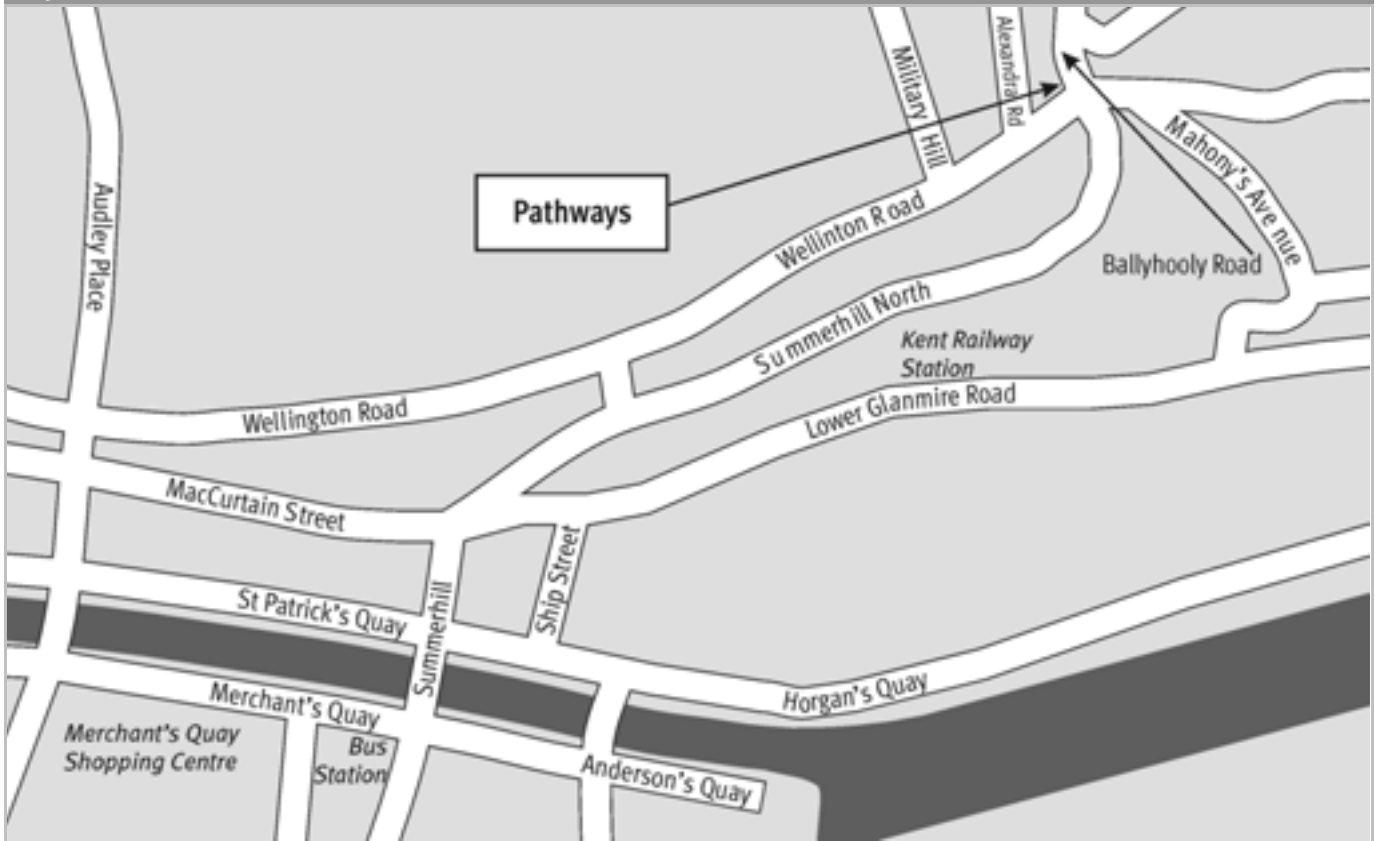
## Pathways

92 Ballyhooley Road  
Cork

Tel 021 450 7050

Fax 021 450 7288

### Map and directions



### Travel directions

Public transport: Kent rail station and Cork bus station - 15 minutes walk.

From the bus station turn right onto Merchant's Quay. Cross over the river on Brian Boru Bridge into Summerhill. Walk along until the end of Summerhill North. Cross over the junction at Wellington Road/Glanmire Road Middle into Ballyhooley Road. Pathways is on the left hand side immediately after the junction.

## Society of St Vincent de Paul - St Vincent's House

Anglesea Terrace  
Anglesea Street  
Cork

Tel 021 431 7899

Fax 021 431 0270

Email svphostelcork@eircom.net

### Target group

Single homeless men with low-medium support needs, including those with mental health, alcohol or drugs problems.

#### Will not accept

Arsonists. People who are a threat to other service users and staff.

#### Age

Min 18 Max None Ave -

### Referral procedure

Self or agency referrals. Call-in (8am-8pm daily). Assessment interview. Require proof of ID.

#### Referral agencies

Accept self referrals and referrals from any agency. Most agency referrals come from the Homeless Persons Unit.

### Policies

Written harassment policy and complaints procedure.

#### Tenure and house rules

No alcohol allowed on the premises.  
Licence agreement.

#### Resident access

Must be in by 10.30pm.

#### Visitors

Yes, in TV room until 12 midnight. No overnight guests.

### Vacancies

Weekly. No waiting list.

### Length of stay

Min 1 night

Max 3 months

Ave 3 months

### Accommodation

**Total spaces** 75

#### Rooms (cost per week)

Single: 75 at €40

#### Facilities

Baths -

Showers 1 to 19 people

Toilets 1 to 4-5 people

Laundry Yes

TV Yes

Other Lounge, library, reading room, garden.

Furnishings Rooms fully furnished.

Disabled facilities Grab rails. Toilets with disability access.

Food Full board provided.

Cooking facilities None.

### Support services

7 full time and 4 part time staff, plus volunteers. Staff available 8am-9pm daily, security staff at night. Keywork system (15 residents per keyworker), with daily meetings. Action plans with agreed outcomes, reviewed weekly. Staff provide support around independent living.

#### Health

Nurse and CPN visit daily, GP and mental health outreach team visit twice weekly, and psychiatrist visits weekly.

#### Access to move-on

Staff provide advice on move-on options, and help with City Council housing applications and rent allowance forms.

### Further information

St Vincent's House provides short term supported accommodation for 75 single homeless men. The project accepts self referrals and referrals from any agency. Applicants must be "willing to work with project workers employed in the service to better their present situation with the view of independent living, either long term or short term".

#### Group

Society of Saint Vincent de Paul.

## Society of St Vincent de Paul - St Vincent's House

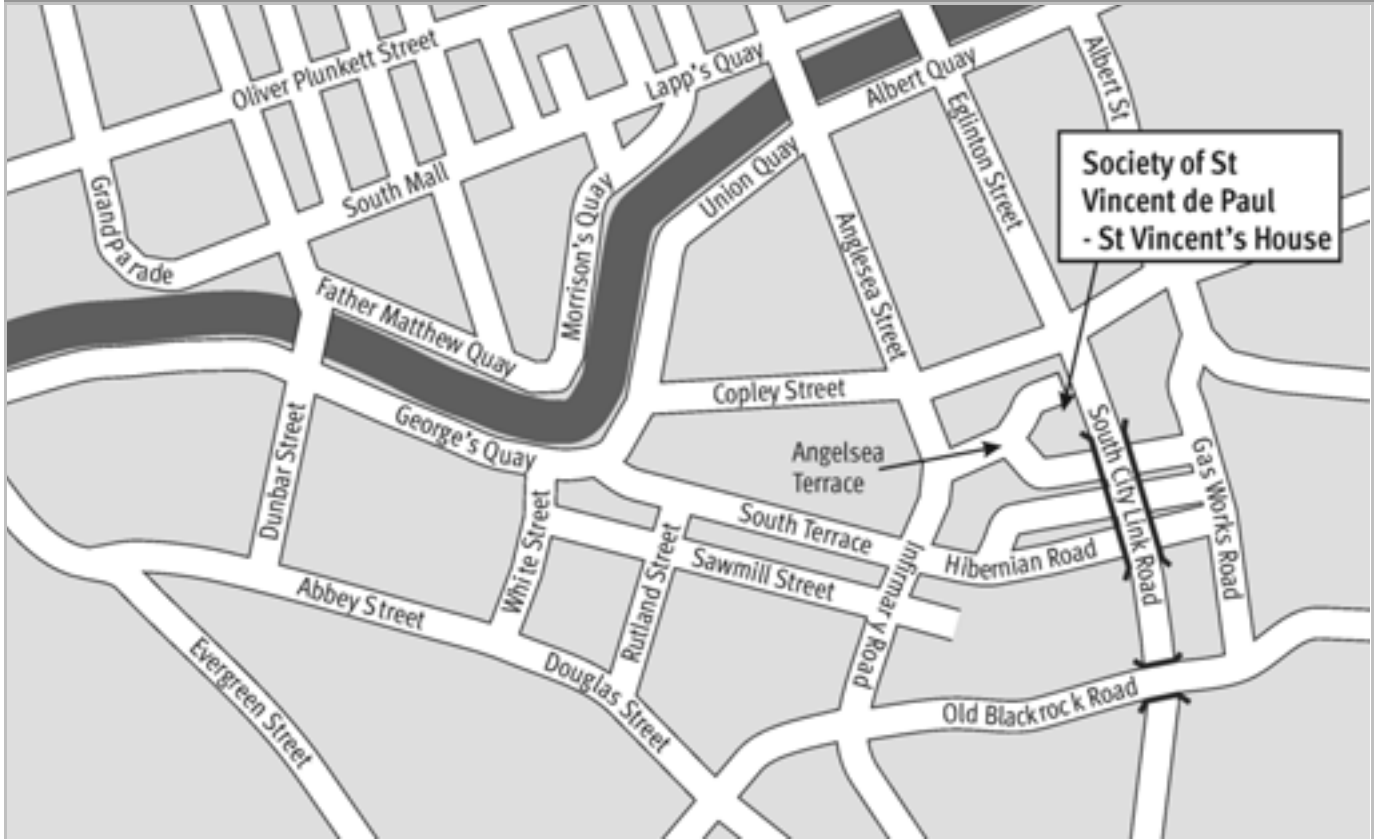
Anglesea Terrace  
Anglesea Street  
Cork

Tel 021 431 7899

Fax 021 431 0270

Email svphostelcork@eircom.net

### Map and directions



### Travel directions

From the bus station turn left onto Merchant's Quay. Take the next left into Parnell Place and continue down to Parnell Bridge. Cross over the river and walk along Anglesea Street. Anglesea Terrace is the second road on the left. Take the left hand fork and continue to the end where St Vincent's is on the right hand side.



**This section contains details of transitional supported housing projects for homeless people.**

Transitional housing is for people who need time and assistance to prepare for independent living. It offers medium term housing with support to help residents develop the skills for independent living, and to address any issues which might stand in the way of this.

The level of support varies between projects but is directly linked to the needs of the residents. Stays in transitional housing are always time limited and usually range from one to two years. Some projects also target particular groups (eg young people, care leavers, families).

It may be appropriate for some people to move directly into transitional housing projects or they may be used for people moving on from emergency hostels.

#### Included in this section

Bessborough Care Centre.....	16	Cork Foyer.....	17
Cork Simon Community - Settlement Apartments.....	18	Society of St Vincent de Paul - Deerpark House.....	19
Sophia Housing Association - Families Project.....	20	Sophia Housing Association - Leitrim Street.....	21
Wellsprings.....	22		

## Bessborough Care Centre

Blackrock  
Cork

Tel 021 435 7730  
Web [www.bessboroughcarecentre.ie](http://www.bessboroughcarecentre.ie)

Fax 021 435 9395  
Email [info@bessboroughcarecentre.ie](mailto:info@bessboroughcarecentre.ie)

### Target group

Teenage girls and women with crisis or unwanted/unplanned pregnancies, or early parenting difficulties. No specific minimum age - can accept any young woman of child bearing age.

### Will not accept

No automatic exclusions. All applications individually assessed.

### Age

Min None Max None Ave 18-36

### Referral procedure

Self or agency referrals. Phone, call-in (Monday-Friday 10am-4pm) or write. Application form completed by prospective resident and referring agency prior to interview.

### Referral agencies

Accept self referrals and referrals from any agency. Most agency referrals are from the Health Service Executive, Cura and Life Pregnancy Services. May accept couples with at risk parenting if referred by the Health Service Executive or Social Services.

### Policies

Written EOP, harassment policy and complaints procedure.

### Tenure and house rules

Must fully participate with parenting skills support. No alcohol allowed on the premises. Agreement of residency.

### Resident access

Must be in by 12 midnight.

### Visitors

Yes, usually from 2pm-4pm, 7pm-9pm, in visitors room only. Overnight guests with staff permission.

### Vacancies

Monthly. Operate a waiting list of up to approx 6 women.

### Length of stay

Min	1 week
Max	2 years
Ave	3-9 months

### Accommodation

**Total spaces** **11**

### Rooms (cost per week)

Bedsit:	10 at €20-€30
Flat:	1 at €20-€30

### Facilities

Baths	1 per person
Showers	1 per person
Toilets	1 per person
Laundry	Yes
TV	Yes
Other	Lounge, visitors room, garden.
Furnishings	Rooms fully furnished, with ensuite facilities.
Disabled facilities	None.
Food	Lunch (main meal) provided. Self catering for other meals. Fully self catering in flat.
Cooking facilities	One shared kitchen. Own kitchen in flat.

### Support services

5 full time staff plus varying number of part time staff, available 7am-12 midnight, sleep-in cover. Keyworker system and care plans, with meetings and reviews as needed. Provide support around parenting skills, concealed pregnancies and adoption. Help with accessing maternity services and education, including FAS courses. Weekly visits by Community Welfare Officer. On-site creche.

### Health

2 primary health care, 1 mental health, and 2 alcohol and drug workers on staff team. Weekly visits by GP and nurse. Visits by dentist and mental health outreach team as required.

### Access to move-on

Provide advice on move-on options and other help with accessing suitable move-on accommodation. Provide some follow-up support.

### Further information

Bessborough Care Centre provides supported accommodation for women experiencing a crisis or unplanned pregnancy, or having difficulty with early parenting. The accommodation comprises 10 ensuite bedsits and one flat. The flat may be used for a mother and toddler or for a couple referred by Social Services or the Health Service Executive because their parenting has been assessed as placing their child at risk. "Staying in our bright, modern units allows you time and space to clear your head and plan the best future for you and your child. We offer a haven of peace in which to look towards the birth of your child and your lives beyond."

### Group

Bessborough Project.

### Travel

Buses: 2, 10, 19 - 10 minutes walk.

## Cork Foyer

Assumption Road  
Cork

Tel 021 428 8524

Fax 021 428 8536

### Target group

Young single homeless people aged 18-24, and those at risk of homelessness or leaving care, who are willing to attend training and development programmes.

### Will not accept

Arsonists and sex offenders. People with a recent history of violence. People with drug dependency problems.

### Age

Min 18    Max 24    Ave 19

### Referral procedure

Self or agency referrals. Write, phone or call-in (24 hours daily). Application form completed by prospective resident and referral form completed by agency prior to interview. Require proof of ID.

### Referral agencies

Accept self referrals and referrals from any agency.

### Policies

Target 50% women. Target 25% high support needs, 25% medium support needs and 50% low support needs. Written EOP, harassment policy and complaints procedure.

### Tenure and house rules

Residents must participate fully in their support plans. Must attend residents' meetings. No alcohol allowed on the premises. Licence agreement.

### Resident access

Own key, no access restrictions.

### Visitors

Yes, in communal rooms, 9am-12 midnight Sun-Thurs, 9am-1am Fri-Sat. Overnight with staff permission.

### Vacancies

Monthly. Operate a waiting list of about 6 people.

### Length of stay

Min 8 months

Max 2 years

Ave -

### Accommodation

**Total spaces** **18**

9 spaces for women and 9 for men.

### Rooms (cost per week)

Bedsit: 18 at €87

### Facilities

Baths -

Showers 1 per person

Toilets 1 per person

Laundry Yes

TV Yes

Other Lounge, IT suite, garden.

Furnishings Bedsits ensuite and fully furnished, with own fridge, microwave, TV, phone.

Disabled facilities 3 wheelchair users can be accommodated. Adapted kitchen, grab rails and visual alarms.

Food Self catering. Cooking lessons and breakfast club.

Cooking facilities 7-8 residents share each kitchen. Own fridge and microwave in each bedsit.

### Support services

6 full time and 8 part time staff, 1 volunteer, 24 hour waking cover. Keywork system (9 residents per keyworker), with meetings weekly-monthly. Support plans with agreed outcomes, reviewed every 4-6 weeks. Provide advice and support around independent living, and access to internal and external training. Training facilities include IT suite.

### Access to move-on

Provide advice on move-on options and help with resettlement as part of keywork. Ex-residents can return to the project for advice or to attend training sessions.

### Further information

Cork Foyer provides accommodation, support and training to 18 young homeless people, young people at risk of homelessness and those leaving care. Although young people may stay at the project until they are 25 the maximum age at application is 24. The project provides support around independent living and access to internal and external training. The accommodation is self catering and comprises 9 ensuite bedsits for women and 9 for men.

### Group

Cork City Council.

### Travel

Bus: 3.

## Cork Simon Community - Settlement Apartments

c/o Settlement Offices  
Anderson's Quay  
Cork

Tel 021 422 6030  
Web [www.corksmon.ie](http://www.corksmon.ie)

Fax 021 422 3947  
Email [settlementoffice@corksmoncommunity.ie](mailto:settlementoffice@corksmoncommunity.ie)

### Target group

Single homeless people who are ready to move towards independent living. Can accommodate 3 couples. May accept people with dogs.

#### Will not accept

No automatic exclusions.

#### Age

Min 18 Max None Ave -

### Referral procedure

Agency referrals. Write or phone (Monday-Friday 9.30am-6pm). Application form completed by prospective resident and referring agency. Interview. Require PPS number.

#### Referral agencies

Accept referrals from any agency. Most referrals come from other Cork Simon Community projects.

### Policies

Written EOP, harassment policy and complaints procedure.

#### Tenure and house rules

No alcohol allowed on the premises. Licence agreement or tenancy agreement.

#### Resident access

Own key, no access restrictions.

#### Visitors

Yes, must leave by midnight. Overnight guests with staff permission.

### Vacancies

Infrequently. No waiting list.

### Length of stay

Min 6 months

Max 18 months

Ave 12 months

### Accommodation

**Total spaces** **30**

In 5 buildings.

#### Rooms (cost per week)

Flat: 30 at €50

#### Facilities

Baths 1 per person

Showers 1 per person

Toilets 1 per person

Laundry Yes

TV Yes

Other

Furnishings Flats are fully furnished.

Food Self catering.

Cooking facilities Own kitchen in each flat.

### Support services

4 full time staff, available at off-site office Mon-Fri 9.30am-6pm, out of hours emergency support available from Cork Simon Emergency Shelter. Staff visit according to need. Keywork system (approx 15 residents per keyworker), with meetings weekly-monthly. Care plans with agreed outcomes, usually reviewed monthly. Support based on assessment of needs, including education, training and employment.

#### Access to move-on

Cork Simon's Settlement Team provide advice and support around finding move-on accommodation, grant applications and finding furniture. Provide follow-up support for as long as required.

### Further information

Cork Simon Community's Settlement Apartments provide accommodation with visiting support for people who are homeless and ready to move towards independent living. The project only accepts agency referrals. The accommodation comprises 30 furnished self contained flats, with 3 available for couples.

#### Group

Cork Simon Community.



## Society of St Vincent de Paul - Deerpark House

Friars Walk  
Cork

Tel 021 431 1071

Fax 021 431 1345

### Target group

Single homeless men aged over 40.

### Will not accept

Men with a history of violence.

### Age

Min 40 Max None Ave 58

### Referral procedure

Self and named agency referrals. Write, phone or call-in (Mon-Fri 9am-5pm). Application form completed by prospective resident and agency. Interview with manager/assistant manager, then interview with accommodation committee. Notified within one week.

### Referral agencies

Accept self referrals and referrals from Homeless Persons Unit, Health Service Executive, hospitals, other hostels and other voluntary organisations eg Threshold.

### Policies

Written EOP, harassment policy and complaints procedure.

### Tenure and house rules

No alcohol allowed on the premises. Licence agreement.

### Resident access

Must be in by 11pm, hostel reopens 6am.

### Visitors

Yes, must leave by 11pm. No overnight guests.

### Vacancies

Infrequent. No waiting list.

### Length of stay

Min	None
Max	None
Ave	15 months

### Accommodation

**Total spaces** **51**

### Rooms (cost per week)

Bedsit: 51 at €40

### Facilities

Baths	-
Showers	1 per person
Toilets	1 per person
Laundry	Yes
TV	Yes
Other	Lounge and garden.
Furnishings	Rooms fully furnished, with ensuite facilities and own fridge.
Disabled facilities	Grab rails. Nurse call service.
Food	Lunch provided, self catering for other meals.
Cooking facilities	5 residents share each kitchen.

### Support services

2 full time staff, 5 volunteers, available 8am-8pm, night security staff 8pm-8am. Staff provide a very low level of support and basic advice.

### Health

Nurse visits weekly. Mental health outreach team visit as necessary.

### Access to move-on

Staff provide advice on move-on options and help with applications and forms. Society of St Vincent de Paul conference members provide follow-up visits.

### Further information

Deerpark House provides accommodation for 51 homeless men aged over 40. The project accepts self referrals and referrals from specific agencies working with homeless people. The project currently provides a low level of support to residents but this is due to change with the employment of two support workers in autumn 2006.

### Group

Society of St Vincent de Paul.

### Travel

City centre - 15 minutes walk.

## Sophia Housing Association - Families Project

Appartment 11, City Park House  
Sullivans Quay  
Cork

Tel 021 431 4863

Fax 021 431 4863  
Email sophiacork@eircom.net

### Target group

Single homeless women and homeless families.

### Will not accept

Sex-offenders.

### Age

Min 17 Max None Ave 24

### Referral procedure

Agency referrals only. Phone (Mon-Fri 9am-5pm). Application form completed by prospective resident and agency. Placed on waiting list and interviewed when vacancy arises. Applicants take part in a pre-tenancy for up to 6 weeks.

### Referral agencies

Accept referrals from any agency. Priority given to Good Shepherd Services.

### Policies

Written EOP, harassment policy and complaints procedure.

### Tenure and house rules

Must attend groupwork, keywork and residents' meetings. Licence agreement.

### Resident access

Own key, no access restrictions.

### Visitors

Yes, must leave by 11pm. Overnight guests with staff permission.

### Vacancies

Infrequent. Operate waiting list of up to 1 year.

### Length of stay

Min 6 months

Max 2 years

Ave 1.5 years

### Accommodation

**Total spaces 13**

In 2 buildings.

### Rooms (cost per week)

Flat: 13 at See below

Rent is means tested at approx 15% of resident's income.

Residents pay own bills.

### Facilities

Baths 1 per person

Showers 1 per person

Toilets 1 per person

Laundry Yes

TV No

Other

Furnishings Flats fully furnished.

Disabled facilities None.

Food Self catering.

Cooking facilities Own kitchen in each flat.

### Support services

3 full time and 2 part time staff, for this project and Leirim Street, available Mon-Fri 9am-5pm, emergency on-call system. On-site at one building, weekly visits at other. Compulsory groupwork and keywork system (7 residents per keyworker), meetings at least weekly. Support plans developed during pre-tenancy. Provide support around life skills, personal development, confidence and parenting.

### Access to move-on

Help residents identify appropriate move-on accommodation. Follow-up support provided by Good Shepherd Services Aftercare Team.

### Further information

Sophia Housing Association provides transitional housing for single homeless women and families. The project accepts referrals from any agency but prioritises referrals from Good Shepherd Services. A waiting list is in operation which is currently about 2-3 months for referrals from GSS and 6-12 months for referrals from other agencies. Support plans are agreed during a pre-tenancy and residents must attend groupwork and keywork sessions to receive support around practical and social skills. The accommodation comprises 13 2-bed flats in 2 buildings: one in Douglas with 5 flats for families the other in the city centre with 6 flats for families and 2 for single women.

### Group

Sophia Housing Association.

### Travel

City centre location for one building. Bus: 6 to South Douglas Road for other building.

## Sophia Housing Association - Leirim Street

Apartment 11, City Park House  
Sullivans Quay  
Cork

Tel 021 431 4863

Fax 021 431 4863  
Email [sophiacork@eircom.net](mailto:sophiacork@eircom.net)

### Target group

Single homeless men and ex-offenders.

#### Will not accept

Sex offenders.

#### Age

Min 18    Max None    Ave 34

### Referral procedure

Named agency referrals only. Application completed by prospective resident and agency. Applicants interviewed when there is a vacancy. Successful applicants take part in a pre-tenancy, which can be undertaken in prison.

#### Referral agencies

Referrals from Cork Prison's Post Release Service. If there are no suitable referrals other agencies will be asked for referrals.

### Policies

Written complaints procedure.

#### Tenure and house rules

Must attend keywork, groupwork and residents' meetings. Licence agreement.

#### Resident access

Own key, no access restrictions.

#### Visitors

Yes, must leave by 11pm. No overnight guests.

### Vacancies

Infrequent. Operate a waiting list of about 6-12 months.

### Length of stay

Min 6 months

Max 1 year

Ave 10 months

### Accommodation

**Total spaces** **3**

#### Rooms (cost per week)

Flat: 3 at €95

#### Facilities

Baths 1 per person

Showers 1 per person

Toilets 1 per person

Laundry Yes

TV No

Other Garden.

Furnishings Flats are fully furnished.

Disabled facilities None.

Food Self catering.

Cooking facilities Own kitchen in each flat.

### Support services

3 full time and 2 part time staff, for this project and the Families Project, available at off-site office Monday-Friday 9am-5pm, emergency on-call system. Visit residents 2-3 times a week. Compulsory groupwork and keywork system (7 residents per keyworker), meetings at least weekly. Care plans with agreed outcomes, developed during pre-tenancy. Support focuses on practical and social skills.

#### Access to move-on

Help residents secure appropriate move-on accommodation and offer resettlement programme. Provide follow-up support for up to 6 months.

### Further information

Sophia Housing Association provides transitional housing for 3 single men leaving prison. Referrals are accepted from Cork Prison's Post Release Service. If they have no suitable referrals other agencies will be asked for referrals. Staff are based at an off-site office and cover both this project and Sophia Housing's Families Project. Visiting support is provided 2-3 times a week. The project runs compulsory groupwork and keywork sessions.

#### Group

Sophia Housing Association.

#### Travel

Kent rail station and Parnell Place bus station - 10 minutes walk.

## Wellsprings

1 Wandesford Quay  
Cork

Tel 021 431 8953

Fax 021 432 1193  
Email wellsprings@eircom.net

### Target group

Young single homeless women aged 16-23, including those who have been in the care of the Health Service Executive.

### Will not accept

No automatic exclusions.

### Age

Min 16    Max 23    Ave 18.5

### Referral procedure

Self or agency referrals. Phone, call-in (8am-12 midnight daily) or write.

Application form completed (by social worker if under 18) prior to interview.

Require proof of age. Applications discussed at admission committee.

Decision within one week.

### Referral agencies

Accept self referrals and referrals from any agency.

### Policies

Written complaints procedure.

### Tenure and house rules

No alcohol allowed on the premises. Must attend residents' meetings. No formal written agreement. Written house rules.

### Resident access

Must be in by 10.30pm unless agreed with staff.

### Visitors

Yes, not allowed in bedroom areas, must leave by 10pm. No overnight guests.

### Vacancies

Infrequent. Sometimes operate a waiting list.

### Length of stay

Min 3 months

Max 18 months

Ave 8 months

### Accommodation

**Total spaces** 8

### Rooms (cost per week)

Single: 8 at €80

### Facilities

Baths 1 to 2 people

Showers 1 to 4 people

Toilets 1 to 1-2 people

Laundry Yes

TV Yes

Other Lounge and garden.

Furnishings Rooms fully furnished, with washbasins.

Disabled facilities None.

Food Full board provided.

Cooking facilities 1 shared kitchen.

### Support services

10 full time staff, available 8am-12 midnight, sleep-in cover. Keyworker system (1 resident per keyworker), weekly meetings. Placement plans with agreed outcomes, reviewed monthly. Support is focussed on training for adulthood and independent living skills.

### Access to move-on

Help with applications, finding suitable accommodation and accompanying residents to view flats. 2 housing association nominations and 2 to own property per year. Provide follow-up support for as long as required.

### Further information

Wellsprings provides supported accommodation for young single homeless women aged 16-23, including those leaving care. The project accepts self and agency referrals. The accommodation comprises 8 single rooms with shared facilities. Part of the rent is retained on behalf of residents and returned to them when they leave so that they have some funds when they start living independently.

### Group

Sisters of Mercy.

### Travel

Cork bus station - 15 minutes walk. Kent train station - 20 minutes walk.

**This section includes details of projects providing long term supported or sheltered accommodation.**

These projects are for people who would not be able to live independently in mainstream housing. They offer a home for as long as is needed, with support where necessary.

Most of the projects in this section are for people aged over 30 and some are specifically for older people with mental health problems or other frailties.

#### Included in this section

Cork Simon Community - Clanmornin House.....	24	Cork Simon Community - Mill House.....	25
Cork Simon Community - Tír na nÓg.....	26	Cork Simon Community - Victoria Road.....	27
Mount Cara.....	28	Oakdene House.....	29
O'Connell Court.....	30	St Vincent's Centre.....	31

## Cork Simon Community - Clanmornin House

c/o Residential Manager  
Cork Simon Community  
Anderson's Quay, Cork

Tel 021 422 6031  
Web [www.corksmon.ie](http://www.corksmon.ie)

Email [residential.manager@corksmoncommunity.ie](mailto:residential.manager@corksmoncommunity.ie)

### Target group

Single homeless people aged over 30 with a proven inability to live independently, mental or physical health needs and/or personal care support needs. Can accept people with dogs by arrangement.

#### Will not accept

No automatic exclusions.

#### Age

Min 30 Max None Ave 65

### Referral procedure

Agency referrals only. Phone (Monday-Friday 9am-5pm) or write. Application form completed by prospective resident and referring agency. Interview. Require proof of ID (PPS number or birth certificate).

#### Referral agencies

Only accept referrals from Cork homelessness services.

### Policies

Written EOP, harassment policy and complaints procedure.

#### Tenure and house rules

No alcohol allowed on the premises. Must attend keywork meetings. Licence agreement.

#### Resident access

Must be in by 12 midnight.

#### Visitors

Yes, between 10am-8pm daily. No overnight guests.

### Vacancies

Infrequent. Operate a waiting list.

### Length of stay

Min 6 months

Max None

Ave -

### Accommodation

**Total spaces** 8

### Rooms (cost per week)

Single: 8 at €45

### Facilities

Baths 1 to 8 people

Showers 1 to 8 people

Toilets 1 to 4 people

Laundry Yes

TV Yes

Other Lounge and garden.

Furnishings Rooms fully furnished.

Disabled facilities Can accommodate 2 wheelchair users. Warden call system in each room. Bath hoist.

Food Evening meal provided. Breakfast and lunch provided for residents unable to provide for themselves.

Cooking facilities One shared kitchen.

### Support services

6 full time staff and 4 volunteers, available 8am-12 midnight, sleep-in cover. Keyworker system (6 residents per keyworker), with meetings weekly-monthly. Care plans with agreed outcomes are reviewed monthly and cover physical and mental health, substance misuse, social issues, family, life skills, finance, education, employment and training. Advocacy and referrals to specialist services.

#### Access to move-on

Provide advice and help in securing accommodation and moving in. Cork Simon's Settlement Project provide follow-up support for as long as is required.

### Further information

Clanmornin House provides supported residential accommodation for people aged over 30 who were formerly homeless and have a proven inability to live independently. Referrals are only accepted from agencies working with homeless people in Cork. The accommodation comprises 8 single rooms with shared facilities. The project is based in Boreenmanna Road in Cork.

#### Group

Cork Simon Community.

## Cork Simon Community - Mill House

c/o Residential Manager  
Cork Simon Community  
Anderson's Quay, Cork

Tel 021 422 6031  
Web [www.corksimon.ie](http://www.corksimon.ie)

Email [residential.manager@corksimoncommunity.ie](mailto:residential.manager@corksimoncommunity.ie)

### Target group

Single homeless people aged over 30 with a proven inability to live independently, mental or physical health needs and/or personal care support needs.

#### Will not accept

No automatic exclusions.

#### Age

Min 30 Max None Ave 50

### Referral procedure

Agency referrals only. Phone (Monday-Friday 9am-5pm) or write. Application form completed by prospective resident and referring agency. Interview. Require proof of ID (PPS number or birth certificate).

#### Referral agencies

Only accept referrals from Cork homelessness services.

### Policies

Written EOP, harassment policy and complaints procedure.

#### Tenure and house rules

No alcohol allowed on the premises. Must attend keywork meetings. Licence agreement.

#### Resident access

Must be in by 12 midnight.

#### Visitors

Yes, between 11am-8pm daily. Overnight guests with staff permission.

### Vacancies

Infrequent. Operate a waiting list.

### Length of stay

Min 6 months

Max None

Ave -

### Accommodation

**Total spaces** 7

#### Rooms (cost per week)

Single: 7 at €45

#### Facilities

Baths 1 to 3-4 people

Showers 1 to 3-4 people

Toilets 1 to 3-4 people

Laundry Yes

TV Yes

Other Lounge and patio.

Furnishings Rooms fully furnished.

Disabled facilities None.

Food Evening meal provided. Breakfast and lunch provided for residents unable to provide for themselves.

Cooking facilities One shared kitchen.

### Support services

6 full time staff and 4 volunteers, available 8am-12 midnight, sleep-in cover. Keyworker system (3 residents per keyworker), with meetings weekly-monthly. Care plans with agreed outcomes are reviewed monthly and cover physical and mental health, substance misuse, social issues, family, life skills, finance, education, employment and training. Advocacy and referrals to specialist services.

#### Access to move-on

Provide advice and help in securing accommodation and moving in. Cork Simon's Settlement Project provide follow-up support for as long as is required.

### Further information

Mill House provides supported residential accommodation for people aged over 30 who were formerly homeless and have a proven inability to live independently. Referrals are only accepted from agencies working with homeless people in Cork. The accommodation comprises 7 single rooms with shared facilities.

#### Group

Cork Simon Community.

## Cork Simon Community - Tír na nÓg

c/o Residential Manager  
Cork Simon Community  
Anderson's Quay, Cork

Tel 021 422 6031  
Web [www.corksmon.ie](http://www.corksmon.ie)

Email [residential.manager@corksmoncommunity.ie](mailto:residential.manager@corksmoncommunity.ie)

### Target group

Single homeless people aged over 30 with a proven inability to live independently, mental or physical health needs and/or personal care support needs.

#### Will not accept

No automatic exclusions.

#### Age

Min 30 Max None Ave 55

### Referral procedure

Agency referrals only. Phone (Monday-Friday 9am-5pm) or write. Application form completed by prospective resident and referring agency. Interview. Require proof of ID (PPS number or birth certificate).

#### Referral agencies

Only accept referrals from Cork homelessness services.

### Policies

Written EOP, harassment policy and complaints procedure.

#### Tenure and house rules

No alcohol allowed on the premises. Must attend keywork meetings. Licence agreement.

#### Resident access

Must be in by 12 midnight.

#### Visitors

Yes, between 10am-8pm daily. Overnight guests with staff permission.

### Vacancies

Infrequent. Operate a waiting list.

### Length of stay

Min 6 months

Max None

Ave -

### Accommodation

**Total spaces 11**

#### Rooms (cost per week)

Single: 11 at €45

#### Facilities

Baths 1 to 3-4 people

Showers 1 to 5-6 people

Toilets 1 to 2 people

Laundry Yes

TV Yes

Other Lounge, quiet room and garden.

Furnishings Rooms fully furnished.

Disabled facilities Can accommodate 6 wheelchair users.

Food Evening meal provided. Breakfast and lunch provided for residents unable to provide for themselves.

Cooking facilities One shared kitchen.

### Support services

6 full time staff and 4 volunteers, available 8am-12 midnight, sleep-in cover. Keyworker system (6 residents per keyworker), with meetings weekly-monthly. Care plans with agreed outcomes are reviewed monthly and cover physical and mental health, substance misuse, social issues, family, life skills, finance, education, employment and training. Advocacy and referrals to specialist services.

#### Access to move-on

Provide advice and help in securing accommodation and moving in. Cork Simon's Settlement Project provide follow-up support for as long as is required.

### Further information

Tír na nÓg provides supported residential accommodation for people aged over 30 who were formerly homeless and have a proven inability to live independently. Referrals are only accepted from agencies working with homeless people in Cork. The accommodation comprises 11 single rooms with shared facilities. The project is based in Blackrock.

#### Group

Cork Simon Community.



## Cork Simon Community - Victoria Road

c/o Residential Manager  
Cork Simon Community  
Anderson's Quay, Cork

Tel 021 422 6031  
Web [www.corksmon.ie](http://www.corksmon.ie)

Email [residential.manager@corksmoncommunity.ie](mailto:residential.manager@corksmoncommunity.ie)

### Target group

Single homeless people aged over 30 with a proven inability to live independently, mental or physical health needs and/or personal care support needs.

#### Will not accept

No automatic exclusions.

#### Age

Min 30 Max None Ave 50

### Referral procedure

Agency referrals only. Phone (Monday-Friday 9am-5pm) or write. Application form completed by prospective resident and referring agency. Interview. Require proof of ID (PPS number or birth certificate).

#### Referral agencies

Only accept referrals from Cork homelessness services.

### Policies

Written EOP, harassment policy and complaints procedure.

#### Tenure and house rules

No alcohol allowed on the premises. Must attend keywork meetings. Licence agreement.

#### Resident access

Must be in by 12 midnight.

#### Visitors

Yes, between 10am-8pm daily. No overnight guests.

### Vacancies

Infrequent. Operate a waiting list.

### Length of stay

Min 6 months

Max None

Ave -

### Accommodation

**Total spaces** 6

#### Rooms (cost per week)

Single: 6 at €45

#### Facilities

Baths 1 to 6 people

Showers 1 to 3 people

Toilets 1 to 1-2 people

Laundry Yes

TV Yes

Other Lounge and patio.

Furnishings Rooms fully furnished.

Disabled facilities None.

Food Evening meal provided. Breakfast and lunch provided for residents unable to provide for themselves.

Cooking facilities One shared kitchen.

### Support services

6 full time staff and 4 volunteers, available 8am-12 midnight, sleep-in cover. Keyworker system (6 residents per keyworker), with meetings weekly-monthly. Care plans with agreed outcomes are reviewed monthly and cover physical and mental health, substance misuse, social issues, family, life skills, finance, education, employment and training. Advocacy and referrals to specialist services.

#### Access to move-on

Provide advice and help in securing accommodation and moving in. Cork Simon's Settlement Project provide follow-up support for as long as is required.

### Further information

Cork Simon's Victoria Road project provides supported residential accommodation for people aged over 30 who were formerly homeless and have a proven inability to live independently. Referrals are only accepted from agencies working with homeless people in Cork. The accommodation comprises 6 single rooms with shared facilities.

#### Group

Cork Simon Community.

## Mount Cara

Redemption Road  
Cork

Tel 021 439 5737

Fax 021 439 2057  
Email carahouse@eircom.net

### Target group

Frail older people aged over 65 who have low to medium support needs, including homeless people and those awaiting nursing home care.

### Will not accept

People with high support needs which cannot be met by the service.

### Age

Min 65    Max 90    Ave 86

### Referral procedure

Named agency referrals only. Phone (Monday-Friday 9am-5pm). Application form completed by prospective resident and referral agency prior to interview. Require proof of ID (medical card).

### Referral agencies

Only accept referrals from GPs, Public Health Nurses or hospital discharge co-ordinators.

### Policies

Written complaints procedure.

### Resident access

Alcohol allowed under supervision. Short term and continuing care agreements.

### Visitors

Yes, usually 10am-12 noon, not at meal times. No overnight guests.

### Vacancies

Weekly-monthly. Operate a waiting list.

### Length of stay

Min 1 week

Max None

Ave -

### Accommodation

**Total spaces** **24**

20 spaces for women, 4 for men.

### Rooms (cost per week)

Single: 24 at €160/€180

Lower charge is for respite care.

### Facilities

Baths 1 to 12 people

Showers 1 to 24 people

Toilets 1 to 4 people

Laundry Yes

TV Yes

Other Lounge and garden.

Furnishings Rooms fully furnished, with washbasins and commodes.

Disabled facilities All accommodation is fully wheelchair accessible.

Food Full board provided.

Cooking facilities None.

### Support services

2 full time and 11 part time staff, 19 community enterprise participants and 10 volunteers, nursing staff available approximately 8am-10pm daily, sleep-in cover. Provide support around personal care.

### Health

5 nurses on staff team.

### Access to move-on

Most residents move on to nursing home accommodation.

### Further information

Mount Cara provides residential accommodation for frail older people aged over 65 who have low to medium levels of dependency, including homeless people and those awaiting nursing home care. The project accepts people for short term respite stays of up to 4 weeks and for continuing care until they move into a nursing home. Referrals are only accepted from GPs, Public Health Nurses and hospital discharge co-ordinators.

## Oakdene House

Prosperity Square  
Cork

Tel 021 431 6198

Email [occonnellcourt@iol.ie](mailto:occonnellcourt@iol.ie)

### Target group

Single homeless people with mental health problems aged over 50 who are suitable for sheltered housing. Older people aged over 60 in need of sheltered housing. Can accept couples.

### Will not accept

No automatic exclusions.

### Age

Min 50 Max None Ave 70

### Referral procedure

Self or agency referrals. Phone for application form (Mon-Fri 9am-5pm), completed by prospective resident and agency prior to interview. Require medical history, proof of ID and income. HSE assess suitability for sheltered housing.

### Referral agencies

Accept self referrals and referrals from any agency. Most agency referrals come from the Homeless Persons Unit and hospital discharge co-ordinators.

### Policies

Written EOP, harassment policy and complaints procedure.

### Tenure and house rules

No alcohol allowed on the premises. Tenancy agreement.

### Resident access

Must be in by 12 midnight.

### Visitors

Yes, but not at meal times (12.45pm-1.30pm, 4.45pm-5.30pm). No overnight guests.

### Vacancies

Weekly. Operate a waiting list.

### Length of stay

Min	1 day
Max	None
Ave	-

### Accommodation

**Total spaces** **17**

### Rooms (cost per week)

Single: 17 at See below  
Rent based on means testing.

### Facilities

Baths	1 to 17 people
Showers	1 to 8 people
Toilets	1 to 5 people
Laundry	Yes
TV	Yes
Other	Lounge and garden.
Furnishings	Rooms fully furnished, with washbasins.
Disabled facilities	6 wheelchair users can be accommodated. Stair chair, grab rails, room call system.
Food	Full board provided.
Cooking facilities	None.

### Support services

4 full time and 1 part time member of staff, 1 volunteer, 24 hour waking cover. Action plans with agreed outcomes, reviewed weekly. Provide support around independent living and help with personal care. Social activities.

### Health

GP and CPN visit weekly, chiropodist visits every 6 weeks.

### Access to move-on

Provide advice on move-on options and help with applications.

### Further information

Oakdene House "is a voluntary social housing organisation. Our primary function is to provide sheltered housing with some low level support for persons over 60 years of age and older homeless people over 50 years with mental health disorders suitable for sheltered housing." The project accepts self referrals and referrals from any agency. Applications are assessed by the Health Service Executive to confirm that they are suitable for sheltered housing.

### Group

O'Connell Court.

### Travel

City centre - 5 minutes walk.

## O'Connell Court

Windmill Road  
Cork

Tel 021 431 6076

Fax 021 431 6076  
Email [occonnellcourt@iol.ie](mailto:occonnellcourt@iol.ie)

### Target group

Older homeless people aged over 50 with mental health problems. Can accept couples.

### Will not accept

Arsonists, sex-offenders and people with a history of violence. Those currently addicted to alcohol or using drugs.

### Age

Min 50 Max None Ave 75

### Referral procedure

Self or agency referrals. Phone (Mon-Fri 9am-5pm) or write. Application form completed by prospective resident and agency prior to interview. Require proof of ID and financial status, and medical report. HSE assess applicants moving on from hospital.

### Referral agencies

Accept self referrals and referrals from any agency.

### Policies

Written EOP, harassment policy and complaints procedure.

### Tenure and house rules

No alcohol allowed on the premises. Licence agreement.

### Resident access

Must be in by 12 midnight.

### Visitors

Yes, but not at meal times (12.45pm-1.30pm, 4.45pm-5.30pm). Overnight guests with staff permission.

### Vacancies

Weekly. Operate a waiting list.

### Length of stay

Min 1 night

Max None

Ave 1 year +

### Accommodation

**Total spaces** **66**

### Rooms (cost per week)

Single: 66 at See below

Means tested service charge according to services used.

### Facilities

Baths 1 to 20 people

Showers 1 to 10 people

Toilets 1 to 5 people

Laundry Yes

TV Yes

Other Lounge and garden.

Furnishings Rooms fully furnished, with washbasins, 2 with ensuite facilities.

Disabled facilities 10 wheelchair users can be accommodated. Alarm system, grab rails and lift.

Food Full board provided.

Cooking facilities None.

### Support services

4 full time and 5 part time staff, 24 hour waking cover. Provide information, advice, supervision of medication, personal assistance and social activities.

### Health

Nurse on staff team, GP and CPN visit weekly, chiroprapist visits every 6 weeks.

### Access to move-on

Provide advice on move-on options and help with applications.

### Further information

O'Connell Court provides supported accommodation for older homeless people aged over 50 with mental health problems. The project accepts self referrals and referrals from any agency. People being referred from within hospital are first assessed by the HSE Age Care Evaluation Team.

### Group

O'Connell Court.

### Travel

Buses: 3, 4 and 6 (2 minutes walk), 7 and 10 (5 minutes walk).

## St Vincent's Centre

St Mary's Road  
Cork

Tel 021 439 1333

Fax 021 430 6107

### Target group

Women aged over 24 who have a mild/moderate degree of intellectual disability.

### Will not accept

No automatic exclusions.

### Age

Min 24    Max None    Ave 40

### Referral procedure

Self or agency referrals. Phone (Monday-Friday 9am-5pm) or write. Application form completed by agency prior to interview. Require proof of ID (passport or welfare book).

### Referral agencies

Accept self referrals and referrals from any agency.

### Policies

Written complaints procedure.

### Tenure and house rules

Must participate in living and social skills support. No alcohol allowed on the premises. No formal written agreement. Written house rules.

### Resident access

Must be in by 12 midnight.

### Visitors

Yes, must leave by 10pm. No overnight guests.

### Vacancies

Infrequent. Operate a waiting list of approx 6 months.

### Length of stay

Min 3 years

Max None

Ave 30 years

### Accommodation

**Total spaces** **57**

In 3 buildings.

### Rooms (cost per week)

Single: 57 at €65.50

€45.50pw required from residents in receipt of benefits.

### Facilities

Baths 1 to 10 people

Showers 1 to 10 people

Toilets 1 to 10 people

Laundry Yes

TV Yes

Other Lounge.

Furnishings Rooms fully furnished, with washbasins.

Disabled facilities Can accommodate 8 wheelchair users.

Food Full board provided.

Cooking facilities Each kitchen shared by 8 residents.

### Support services

25 full time and 10 part time staff, 24 hour waking cover. Keyworker system (6 residents per keyworker), with meetings weekly-monthly. Action plans with agreed outcomes, reviewed monthly. Provide support around independent living skills, budgeting, social skills and vocational training.

### Health

GP visits weekly. Chiroprapist visits monthly and as required.

### Access to move-on

Provide support with all aspects of move-on.

### Further information

St Vincent's Centre provides supported accommodation for 57 women aged over 24 with mild to moderate intellectual disabilities. The project has infrequent vacancies as most residents stay for many years. The project provides support around daily living skills, social skills and vocational training.

### Travel

Cork bus station and Kent train station - approx 1 mile.



This section includes details of specialist accommodation for people with specific problems related to alcohol, drugs, gambling, institutional abuse, eating disorders or mental health.

Information on non-residential services offering support to people with alcohol or drugs, including non-residential treatment centres, is given in the Alcohol and Drugs section. Information on non-residential services for people with mental health problems is given in the Health and Mental Health section.

Information about the non-residential support services provided by Right of Place is included in the Specialist Advice and Support section (see page 67).

#### Included in this section

Fellowship House.....	34	Missionaries of Charity.....	35
Renewal.....	36	Right of Place.....	37
Tabor Lodge Residential Treatment Centre.....	38		

## Fellowship House

Spur Hill  
Togher  
Cork

Tel 021 454 5894

Fax 021 434 4471  
Email [fellowship@eircom.net](mailto:fellowship@eircom.net)

### Target group

Homeless men in recovery from alcohol, drug and gambling addiction.

### Will not accept

No automatic exclusions.

### Age

Min 18 Max None Ave 18-34

### Referral procedure

Self or agency referrals. Phone (Monday-Friday 10am-5pm) or write. Application form completed by referral agency prior to interview. Require proof of ID (passport, driving licence or birth certificate).

### Referral agencies

Accept self referrals and referrals from any agency.

### Policies

Written harassment policy and complaints procedure.

### Tenure and house rules

Must work 19.5 hours per week at NCE. No alcohol allowed. Must attend residents' meetings. No formal written agreement. Written house rules.

### Resident access

Monday-Friday must be out to work by 8am and back to lunch at 1.30pm. Must be in by 11pm.

### Visitors

Visitors by appointment only. No overnight guests.

### Vacancies

Weekly-monthly. Operate a waiting list of about 4-6 weeks.

### Length of stay

Min 12 weeks

Max 12 weeks

Ave -

### Accommodation

**Total spaces 10**

### Rooms (cost per week)

2 bed: 2 at €85

3 bed: 2 at €85

€120 if on Long Term Disability Allowance.

### Facilities

Baths -

Showers 1 to 2-3 people

Toilets 1 to 2-3 people

Laundry Yes

TV Yes

Other Lounge and garden.

Furnishings Rooms fully furnished, with washbasins.

Disabled facilities None.

Food Full board provided. 2 residents prepare meals at weekends.

Cooking facilities None.

### Support services

1 full time and 8 part time staff, 24 hour waking cover. Keyworker system (2-4 residents per keyworker), with twice weekly meetings. Residents work for 19.5 hours per week on a Community Enterprise Scheme at Northside Community Enterprise.

### Health

4 specialist drug and alcohol workers.

### Access to move-on

Provide advice on move-on options and help with resettlement as part of keywork. Work closely with Community Welfare Officer. Written aftercare plans.

### Further information

Fellowship House is a half-way house for 12 men in the early stages of recovery from addictions such as alcohol, drugs and gambling. It is a 12 week residential project and residents must participate in a Community Enterprise Scheme for 19.5 hours per week. The project accepts self referrals and referrals from any agency. The accommodation comprises 2 2-bed and 2 3-bed rooms with shared facilities.

### Group

Renewal Sheltered Housing.

### Travel

Bus: 14 (5 minutes walk).



## Missionaries of Charity

St Helen's Convent  
Blarney  
Co. Cork

Tel 021 438 1687 or 021 438 2041

### Target group

Men aged 20-75 with addictions, including alcohol, drugs and gambling.

### Will not accept

Those in need of primary treatment. No other automatic exclusions.

### Age

Min 20 Max 75 Ave -

### Referral procedure

Self or agency referrals. Phone, call-in (Monday-Wednesday, Friday-Sunday 8.30am-12.30pm, 3pm-7pm) or write. Application form completed by prospective resident. Interview.

### Referral agencies

Accept self referrals and referrals from any agency. Most Cork referrals come from Tabor Lodge and Arbour House Treatment Centre.

### Policies

No written policies.

### Tenure and house rules

Must attend groupwork and residents' meetings. No alcohol allowed on the premises. No formal written agreement. Written house rules.

### Resident access

Residents must be in by 5.30pm or phone if late, or place will be passed to someone else.

### Visitors

Yes, at weekends between 9.30am-5.30pm. No overnight guests.

### Vacancies

Weekly-monthly. Operate a waiting list of about 5 men.

### Length of stay

Min	None
Max	6 months
Ave	3-6 months

### Accommodation

**Total spaces** **12**

### Rooms (cost per week)

3 bed:	1 at Free
4 bed:	1 at Free
5 bed:	1 at Free

There is no charge made to residents.

### Facilities

Baths	None
Showers	1 to 4 people
Toilets	1 to 3 people
Laundry	Yes
TV	No
Other	Lounge.
Furnishings	Rooms are partly furnished.
Disabled facilities	Extra 2-bed room can be used if required by a wheelchair user.
Food	Full board provided.
Cooking facilities	None.

### Support services

4 sisters plus volunteers, available Monday-Wednesday, Friday-Sunday 8.30am-12.30pm, 3pm-7pm, volunteers available until 11pm, sleep-in cover. Daily groupwork sessions.

### Health

Regular AA meetings. Compulsory groupwork sessions with addictions counsellor for 2 hours daily Monday-Friday.

### Access to move-on

Provide basic information around move-on options and help with finding furniture. Ex-residents can keep in contact, return for prayer or be visited.

### Further information

The Missionaries of Charity project in Blarney, County Cork provides accommodation for 12 men with addiction problems. The project cannot provide primary treatment. There are compulsory daily groupwork sessions with an addiction counsellor. The project is run by sisters of St Helen's Convent and there is no charge for staying in it. Self referrals and referrals from any agency are accepted daily except Thursday. Residents are expected to be in by 5.30pm or to phone to say they will be late, otherwise their place will be passed to someone else.

## Renewal

Blarney Road  
Shanakiel  
Cork

Tel 021 430 0844

Fax 021 439 1395  
Email renewal@eircom.net

### Target group

Women who are in recovery from addictions and have received primary residential treatment.

### Will not accept

No automatic exclusions.

### Age

Min 18 Max None Ave 28

### Referral procedure

Agency referrals only. Phone (Monday-Friday 9am-5pm). Application form completed by referral agency. Require proof of ID (passport, birth certificate, driving licence).

### Referral agencies

Only accept referrals from primary treatment centres.

### Policies

Written EOP, harassment policy and complaints procedure.

### Tenure and house rules

No alcohol allowed on the premises. Residents must fully participate with the support offered and attend residents' meetings. Written agreement.

### Resident access

Must be in by 10.30pm weekdays and 11.30pm weekends.

### Visitors

Yes, must leave by 9pm. No overnight guests.

### Vacancies

Infrequent. Waiting list of about 3 weeks-3 months.

### Length of stay

Min 3 months

Max 3 months

Ave -

### Accommodation

**Total spaces** 9

### Rooms (cost per week)

2 bed: 3 at €70

3 bed: 1 at €70

### Facilities

Baths 1 to 2-3 people

Showers 1 to 2-3 people

Toilets 1 to 2-3 people

Laundry Yes

TV Yes

Other Lounge and garden.

Furnishings Rooms fully furnished, with washbasins, some with ensuite facilities.

Disabled facilities None.

Food Full board provided.

Cooking facilities None.

### Support services

8 part time staff, available 7am-12 midnight, sleep-in cover. Provide counselling and group therapy. Family support. FAS Training and Employment Authority training programme. Aftercare planning and liaison with local authorities.

### Health

Alcohol, drugs and mental health workers on staff team.

### Access to move-on

Provide basic information on move-on options.

### Further information

Renewal provides second stage treatment for women in recovery from addictions. Applicants must already have received primary residential treatment. "This is a residential supportive environment where women can deepen foundations in a recovery lifestyle and find out who they are and what they want."

### Group

Tabor Lodge.

### Travel

Bus: 7 (7 minutes walk to stop).

## Right of Place

100/101 Lower Glanmire Road  
Cork

Tel 1800 200 709

Fax 021 455 1386  
Email [uptomstp2@hotmail.com](mailto:uptomstp2@hotmail.com)

### Target group

Victims of institutional abuse in eg industrial schools.

### Will not accept

No automatic exclusions.

### Age

Min 18 Max None Ave 45

### Referral procedure

Self or agency referrals. Phone, call-in (Mon-Thu 9.15am-1pm, 2pm-4.45pm, Fri 9.15am-1pm, 2pm-3.45pm) or write.

Application form completed by prospective resident and agency prior to interview.

Require proof of ID and background (see below).

### Referral agencies

Accept self referrals or referrals from any agency. Require copy of Detention Order or letter from Department of Health stating that the person has been in institutional care.

### Policies

Written EOP, harassment policy and complaints procedure.

### Tenure and house rules

Accommodation contract reviewed quarterly.

### Resident access

Own key, no access restrictions.

### Visitors

Yes, no restrictions except staff permission needed for overnight guests.

### Vacancies

Infrequent. Operate a waiting list of about 6-12 months.

### Length of stay

Min None

Max 2 years

Ave 2 years

### Accommodation

**Total spaces** 9

### Rooms (cost per week)

Bedsit: 9 at €70

### Facilities

Baths -

Showers 1 per person

Toilets 1 per person

Laundry Yes

TV Yes

### Other

Furnishings Bedsits fully furnished.

Disabled facilities 1 bedsit is wheelchair accessible. Adapted toilets.

Food Self catering.

Cooking facilities Own kitchen in each bedsit.

### Support services

3 full time and 15 part time staff, 15 volunteers, available 8am-12 midnight. Provide advice and support on housing, budgeting, employment and independent living skills.

### Access to move-on

Provide advice on move-on options and help with applications. Open meetings for ex-residents held every 3 months.

### Further information

Right of Place provides accommodation and support to people who have been victims of institutional abuse. The project is managed by ex-residents of industrial schools. The accommodation comprises 9 bedsits and support is provided around independent living skills.

### Travel

Kent train station.

## Tabor Lodge Residential Treatment Centre

Ballindeasig  
Belgooly  
County Cork

Tel 021 488 7110

Fax 021 488 7377  
Email taborlodge@eircom.net

### Target group

People aged over 21 who are addicted to alcohol, drugs (including prescribed drugs) or gambling. People with eating disorders.

### Will not accept

No automatic exclusions.

### Age

Min 21 Max None Ave 40

### Referral procedure

Self or agency referrals. Phone (preferably Monday-Friday 9am-5pm daily).

Application form completed by agency.

Assessment interview. Require proof of ID.

### Referral agencies

Accept self referrals and referrals from any agency.

### Policies

Written EOP, harassment policy and complaints procedure.

### Tenure and house rules

No alcohol allowed on the premises. Those who complete treatment must attend weekly aftercare support group. Written house rules.

### Resident access

24 hour access via entryphone.

### Visitors

Yes, 2pm-4pm Sunday. No overnight guests.

### Vacancies

Daily. Waiting list of about 1-2 weeks.

### Length of stay

Min 28 days

Max 35 days

Ave 28 days

### Accommodation

**Total spaces** **18**

Including 2 single and 3 2-bed rooms for women.

### Rooms (cost per week)

Single: 4 at €120

2 bed: 4 at €120

3 bed: 2 at €120

### Facilities

Baths None

Showers 1 to 1-3 people

Toilets 1 to 1-3 people

Laundry Yes

TV Yes

Other Lounge and garden.

Furnishings Rooms fully furnished, with ensuite facilities.

Disabled facilities 1 wheelchair user can be accommodated.

Food Full board provided.

Cooking facilities None.

### Support services

8 full time and 11 part time staff, 30 volunteers, 24 hour waking cover. 12 step treatment programme based around abstinence and lifestyle changes.

### Health

Alcohol, drugs, mental health and primary health workers on the staff team. Medical Director meets all new patients.

### Access to move-on

Aftercare co-ordinator runs weekly aftercare support groups for up to 2 years. Quarterly post-treatment reviews. Halfway houses available for up to 3 months.

### Further information

"Tabor Lodge provides a 28 day residential programme based on the Hazelden Model of treatment. In Tabor Lodge we treat persons over 21 addicted to alcohol, drugs, prescribed drugs, gambling and food disorders. We believe that addiction is a chronic, progressive, primary disease that cannot be cured, but those who suffer can be helped by abstinence and lifestyle changes. We also believe that people who suffer from addiction are entitled to dignity and respect and that each person has within himself or herself the resources for recovery."

### Group

Tabor Lodge.

This section contains details of day centres and other sources of practical support for homeless people as well as specialist advice services.

Some organisations included in this section can provide ongoing support to homeless people, other organisations are sources of initial advice and referral into appropriate accommodation.

The Garda Síochána also has a Community Garda based at the Garda Station in Anglesea Street who is responsible for liaising with the homeless community (Tel: 021 452 2000 ext 3069).

Many organisations listed in the General Advice and Support section may also be able to provide information and advice on housing, benefits and related issues.

#### Included in this section

Cork City Council - Housing.....	40	Cork City Council - Outreach Service.....	40
Cork County Council - Housing (Northern Division).....	40	Cork County Council - Housing (Southern Division).....	41
Cork Penny Dinners.....	41	Cork Simon Community - Day Centre.....	41
Cork Simon Community - Outreach Project.....	42	Cork Simon Community - Settlement Project.....	42
Cork Simon Community - Soup Run.....	42	Good Shepherd Services - Aftercare Team.....	43
Homeless Persons Unit.....	43	Liberty Street House.....	43
Society of St Vincent de Paul.....	44	Threshold.....	44

## Cork City Council - Housing

Housing and Community Directorate  
Central Fire Station, Anglesea Street  
Cork

Tel 021 496 6222

Fax 021 492 4199

Email [housing@corkcity.ie](mailto:housing@corkcity.ie)

### Target group

Anyone in need of local authority accommodation.

### Area served

Cork City.

### Service offered

Information and advice for anyone with housing problems. Refers people in need of emergency accommodation to the Homeless Persons Unit and provides accommodation to those homeless people assessed as being in priority need.

### How to contact

Drop-in, phone, email or write.

### Opening hours

Mon 9am - 4pm

Tue 9am - 4pm

Wed 9am - 4pm

Thu 9am - 4pm

Fri 9am - 4pm

Weekend

### Disabled access

Full wheelchair access. No adapted toilets. Level entrance. Lift.

### Public transport

City centre location.

### Type of organisation

Statutory Service

## Cork City Council - Outreach Service

Housing and Community Directorate  
Room 55, Central Fire Station, Anglesea Street  
Cork

Tel 021 492 4249

Fax 021 492 4199

Email [housing@corkcity.ie](mailto:housing@corkcity.ie)

### Target group

Homeless people and those at risk of homelessness. People needing support to maintain their tenancy.

### Area served

Cork City.

### Service offered

Information and advice for people who are homeless or at risk of homelessness. Assesses accommodation needs and links people to appropriate homelessness services. Establishes links with people sleeping rough. Supports people who have been homeless and recently moved to long term accommodation. Drop-in sessions at Homeless Persons Unit, Simon Day Centre and Room 55 at Central Fire Station.

### How to contact

Drop-in, phone, email, write or contact for an apt. Drop-ins are at Room 55 unless shown otherwise.

### Opening hours

Mon Streetwork

Tue 9am-1pm; 2.30pm-4.30pm HPU

Wed Streetwork

Thu 9-11am Simon DC; 11am-1pm, 2-4pm

Fri 9am-1pm, 2pm-4pm

Weekend

### Disabled access

Full wheelchair access. No adapted toilets. Level entrance. Lift.

### Public transport

City centre location.

### Type of organisation

Statutory Service

## Cork County Council - Housing (Northern Division)

William O'Brien Buildings  
Annabella, Mallow  
County Cork

Tel 022 21123

Fax 022 21983

Email [northcork@corkcoco.ie](mailto:northcork@corkcoco.ie)

[www.corkcoco.ie](http://www.corkcoco.ie)

### Target group

Anyone in need of local authority accommodation.

### Area served

North County Cork.

### Service offered

Information for anyone with housing problems. Provides accommodation to homeless people who are assessed as being in priority need. Refers people in need of emergency housing to the Homeless Persons Unit.

### How to contact

Drop-in, phone or contact for an appointment.

### Opening hours

Mon 9am - 5pm

Tue 9am - 5pm

Wed 9am - 5pm

Thu 9am - 5pm

Fri 9am - 5pm

Weekend

### Disabled access

Full wheelchair access. Adapted toilets. Accessible car parking. Ramped entrance. Lift. Home visits if appropriate.

### Type of organisation

Statutory Service

## Cork County Council - Housing (Southern Division)

County Hall  
Cork

Tel 021 427 6891

Fax 021 434 8334

[www.corkcoco.ie](http://www.corkcoco.ie)

### Target group

General public and people who are homeless or at risk of homelessness.

### Area served

South County Cork.

### Service offered

Information for anyone with housing problems. Provides accommodation to homeless people who are assessed as being in priority need. Refers people in need of emergency housing to the Homeless Persons Unit.

### How to contact

Drop-in, phone or write.

### Opening hours

Mon 9am - 5pm

Tue 9am - 5pm

Wed 9am - 5pm

Thu 9am - 5pm

Fri 9am - 5pm

Weekend

### Disabled access

Full wheelchair access. Adapted toilets. Level entrance and lift.

### Public transport

Bus: 8.

### Type of organisation

Statutory Service

## Cork Penny Dinners

Little Hanover Street  
off Washington Street  
Cork

Tel Not applicable

### Target group

Homeless people and older people who live alone.

### Area served

Cork.

### Service offered

Lunches for homeless people and older people living alone.

### How to contact

Drop-in.

### Opening hours

Mon 11.30am - 12.30pm

Tue 11.30am - 12.30pm

Wed 11.30am - 12.30pm

Thu 11.30am - 12.30pm

Fri 11.30am - 12.30pm

Weekend

### Disabled access

No wheelchair access. No adapted toilets. Stepped entrance.

### Type of organisation

Voluntary organisation

### Staffing

2 full time and 2 part time staff.

## Cork Simon Community - Day Centre

Anderson's Quay  
Cork

Tel 021 427 8731

Email [dctl@  
corksmoncommunity.ie](mailto:dctl@corksmoncommunity.ie)

[www.corksmon.ie](http://www.corksmon.ie)

### Target group

People who are sleeping rough or in unsuitable accommodation.

### Area served

Cork.

### Service offered

Breakfast, showers and laundry facilities. Support, advocacy and referrals to other homelessness services. Doctors, nurses, counsellors and psychologist available. Run training courses, including computing and literacy. Sporting activities, clubs and day trips. Community Welfare Officer and Threshold staff attend Wednesday morning. Cork City Council outreach worker attends Thursday morning.

### How to contact

Drop-in, phone or email. Psychologist available by referral only.

### Opening hours

Mon 7.30am-1pm, no access after 12.30pm

Tue 7.30am-1pm, no access after 12.30pm

Wed 7.30am-1pm, no access after 12.30pm

Thu 7.30am-1pm, no access after 12.30pm

Fri 7.30am-1pm, no access after 12.30pm

Weekend 7.30am-11.30am/1pm  
(summer/winter)

### Languages

French, German and Russian spoken by some volunteers.

### Disabled access

Limited wheelchair access. Adapted toilets. Stepped entrance.

### Public transport

Cork bus station - 2 minutes walk. Kent train station - 10 minutes walk.

### Type of organisation

Voluntary organisation

### Staffing

5 full time staff and 9 volunteers.

## Cork Simon Community - Outreach Project

Cork Simon Day Centre  
Anderson's Quay  
Cork  
Tel 087 659 9756, 087 904 5778,  
021 427 8731  
Email outreach@  
corksmoncommunity.ie  
www.corksmon.ie

### Target group

People who are sleeping rough or living in unsuitable accommodation.

### Area served

Cork.

### Service offered

Seek out and provide support to people who are sleeping rough or in unsuitable accommodation. Address basic and immediate needs, including physical and mental health, personal care, food, clothing, income and protection from the elements. Assess people's accommodation needs and link them to appropriate homelessness services.

### How to contact

At day centre: 7.30am-10am M-F, 11am-1pm weekends. Streetwork: 10am-12 noon M-F, 11am-1pm weekends.

### Opening hours

Mon See How to contact

Tue

Wed

Thu

Fri

Weekend

### Disabled access

Limited wheelchair access. Adapted toilets. Stepped entrance to day centre.

### Public transport

Bus station - 2 minutes walk. Kent train station - 10 minutes walk.

### Type of organisation

Voluntary organisation

### Staffing

2 full time staff and 4 volunteers.

## Cork Simon Community - Settlement Project

Anderson's Quay  
Cork  
Tel 021 422 6030  
Fax 021 422 3947  
Email settlementoffice@  
corksmoncommunity.ie  
www.corksmon.ie

### Target group

Homeless people who are ready to move towards independent living.

### Area served

Cork.

### Service offered

Visiting support and advice for homeless people moving towards independent living.

### How to contact

By referral from Cork City and Cork County Councils and other agencies working with homeless people.

### Opening hours

Mon 9.30am - 6pm

Tue 9.30am - 6pm

Wed 9.30am - 6pm

Thu 9.30am - 6pm

Fri 9.30am - 6pm

Weekend

### Type of organisation

Voluntary organisation

### Staffing

4 full time staff.

## Cork Simon Community - Soup Run

c/o Cork Simon Day Centre  
Anderson's Quay  
Cork  
Tel 021 427 8731  
www.corksmon.ie

### Target group

People who are homeless and sleeping rough.

### Area served

Cork.

### Service offered

Nightly service in Cork city centre which provides an evening meal and blankets to people who are sleeping rough. Befriending and basic information about other services, and linking to Cork Simon's Outreach Project for further support.

### How to contact

Contact Cork Simon Day Centre on above number for details of meeting points.

### Opening hours

Mon 7.30pm - 11pm

Tue 7.30pm - 11pm

Wed 7.30pm - 11pm

Thu 7.30pm - 11pm

Fri 7.30pm - 11pm

Weekend 7.30pm - 11pm Sat & Sun

### Type of organisation

Voluntary organisation

### Staffing

40 volunteers.



## Good Shepherd Services - Aftercare Team

Hearth

Redemption Road

Cork

Tel 021 439 7314

Fax 021 439 2124

Email [gssaftercare@eircom.net](mailto:gssaftercare@eircom.net)

### Target group

Women and children who were previously homeless.

### Area served

Cork City.

### Service offered

Outreach service providing support in the community to women who have moved on from Good Shepherd Services and Sophia Housing accommodation. Provide support for up to 1 year around tenancy sustainment and independent living, including information, practical and emotional support, advocacy, accompaniment to appointments and referral to other sources of support.

### How to contact

By referral only, from Bruac Training Centre, Edel House, Riverview and Sophia Housing.

### Opening hours

Mon 9.30am - 5.30pm

Tue 9.30am - 5.30pm

Wed 9.30am - 5.30pm

Thu 9.30am - 5.30pm

Fri 9.30am - 5.30pm

Weekend

### Disabled access

Home visits or meetings at other agreed venues.

### Type of organisation

Voluntary organisation

### Staffing

Approx 10-15 service users per support worker.

## Homeless Persons Unit

3 Drinan Street

Cork

Tel 021 496 3052

### Target group

Homeless people.

### Area served

Cork.

### Service offered

Provide Supplementary Welfare Allowance, medical cards and GP visit cards. Referrals to emergency accommodation and other services. Part of the Community Welfare Department of the Health Service Executive.

### How to contact

Drop-in or phone.

### Opening hours

Mon 10am - 12 noon, 2.30pm - 4pm

Tue 10am - 12 noon

Wed 10am - 12 noon, 2.30pm - 4pm

Thu 10am - 12 noon, 2.30pm - 4pm

Fri 10am - 12 noon, 2.30pm - 4pm

Weekend

### Public transport

City centre location.

### Type of organisation

Statutory Service

### Staffing

4 Community Welfare Officers.

## Liberty Street House

18 Liberty Street

Cork

Tel 021 492 1728

Email [libertystreethouse@mailp.hse.ie](mailto:libertystreethouse@mailp.hse.ie)

### Target group

Young people aged under 18 who are out of home or at risk of being so. Parents.

### Area served

Cork and Kerry.

### Service offered

Health Service Executive agency providing practical, emotional and social support for young people who are out of home. Help with accessing emergency and other accommodation. Sexual health information and pregnancy support. Help with accessing training, employment, counselling, drug and alcohol services.

### How to contact

Drop-in.

### Opening hours

Mon 9am - 1pm, 2pm - 5pm

Tue 9am - 1pm, 2pm - 5pm

Wed 9am - 1pm, 2pm - 5pm

Thu 9am - 1pm, 2pm - 5pm

Fri 9am - 1pm, 2pm - 5pm

Weekend

### Languages

Access to interpreters.

### Disabled access

Full wheelchair access. Adapted toilets. Level entrance. Home visits available.

### Public transport

City centre location.

### Type of organisation

Statutory Service

### Staffing

15 full time staff.

## Society of St Vincent de Paul

Ozanam House  
2 Tuckey Street  
Cork  
Tel 021 427 0444  
Fax 021 427 0644  
Email [info@svpcork.ie](mailto:info@svpcork.ie)  
[www.svp.ie](http://www.svp.ie)

### Target group

Anyone in need.

### Area served

Cork City and County.

### Service offered

Range of services for people experiencing poverty or exclusion. Services include home, hospital and prison visits, debt advice, breakfast and homework clubs, and support for travellers. Run 2 hostels for homeless people.

### How to contact

Drop-in, phone, email or contact for an appointment.

### Opening hours

Mon 9am - 1pm, 2pm - 5pm

Tue 9am - 1pm, 2pm - 5pm

Wed 9am - 1pm, 2pm - 5pm

Thu 9am - 1pm, 2pm - 5pm

Fri 9am - 1pm, 2pm - 5pm

Weekend

### Disabled access

Limited wheelchair access. Adapted toilets. Stepped entrance. Home visits available.

### Type of organisation

Voluntary organisation

### Staffing

3 full time and 1 part time staff, approx 700 volunteers.

## Threshold

22 South Mall  
Cork  
Tel 021 427 8848  
Fax 021 480 5111  
Email [threshold@eircom.net](mailto:threshold@eircom.net)  
[www.threshold.ie](http://www.threshold.ie)

### Target group

Homeless people and anyone with housing problems.

### Area served

Munster.

### Service offered

Information, advice and advocacy service for people with housing problems, including notice to quit, illegal evictions, deposits, anti-social behaviour and housing options. Daily placement service for homeless people seeking accommodation. Outreach services to youth groups, students, prisons and other agencies. Outreach clinics in Tralee, Limerick and Clonmel CICs.

### How to contact

Drop-in, phone, email, write or contact for an appointment.

### Opening hours

Mon 9.30am - 1pm, 2pm - 5pm

Tue 9.30am - 1pm, 2pm - 5pm

Wed 9.30am - 1pm, 2pm - 5pm

Thu 9.30am - 1pm, 2pm - 5pm

Fri 9.30am - 1pm, 2pm - 5pm

Weekend

### Disabled access

Full wheelchair access. Adapted toilets. Level entrance.

### Type of organisation

Voluntary organisation

### Staffing

2 full time, 9 part time and 1 volunteer.

This section contains details of local and national non-residential services for people with alcohol, drug and gambling problems.

Residential treatment centres for people with alcohol and drug problems are included in the Specialist Housing section.

#### Included in this section

Al-Anon Family Groups.....	46	Alcoholics Anonymous in Ireland.....	46
Arbour House Treatment Centre & Community Counselling.....	46	Cork Simon Community - Youth Homeless Drug Prevention.....	47
Gamblers Anonymous.....	47	Narcotics Anonymous Ireland.....	47

## Al-Anon Family Groups

PO Box 55

Togher

Cork

Tel 021 431 1899

### Target group

Families and friends of problem drinkers.

### Area served

Local branch: Cork City and County. Groups available nationwide and worldwide.

### Service offered

Fellowship of relatives and friends of alcoholics who meet to share their experiences. Open to people regardless of whether the person concerned is still drinking and whether or not they admit the problem. 30 groups in Cork City and County. National office (phone 01 873 2699) is staffed Mon-Fri 10.30am-2.30pm.

### How to contact

Recorded information on local phone number above gives local meeting details.

### Opening hours

Mon See How to contact

Tue

Wed

Thu

Fri

Weekend

### Type of organisation

Voluntary organisation

### Staffing

Volunteers.

## Alcoholics Anonymous in Ireland

109 South Circular Road

Leonard's Corner

Dublin 8

Tel 01 453 8998

Fax 01 453 7673

Email ala@indigo.ie

www.alcoholicsanonymous.ie

### Target group

People with alcohol problems.

### Area served

Republic of Ireland.

### Service offered

Voluntary fellowships of men and women who are alcoholics and who help each other to achieve and maintain sobriety by sharing experiences and giving mutual support on a regular basis. Cork area phone service (021 450 0481) 8pm-10pm daily.

### How to contact

Phone or contact for details of local groups.

### Opening hours

Mon 9.30am - 5pm

Tue 9.30am - 5pm

Wed 9.30am - 5pm

Thu 9.30am - 5pm

Fri 9.30am - 5pm

Weekend

### Type of organisation

Voluntary organisation

### Staffing

3 full time staff.

## Arbour House Treatment Centre & Community Counselling

St Finbarr's Hospital

Douglas Road

Cork

Tel 021 496 8933

Email addictiontreatment@  
mailp.hse.ie

### Target group

People with alcohol, drug or gambling problems.

### Area served

Health Service Executive Southern Area.

### Service offered

Health Service Executive service providing assessment, treatment and counselling for people with alcohol, drug or gambling problems. Community services available in Cork City North, Cork City South, West Cork, East Cork and Kerry. Addiction counsellor attends Cork Simon Day Centre and St Vincent's Hostel to provide consultations, assessment and treatment to people who are homeless.

### How to contact

Contact for an appointment.

### Opening hours

Mon 9am - 1pm, 2pm - 5pm

Tue 9am - 1pm, 2pm - 5pm

Wed 9am - 1pm, 2pm - 5pm

Thu 9am - 1pm, 2pm - 5pm

Fri 9am - 1pm, 2pm - 5pm

Weekend

### Languages

Access to interpreters. Irish.

### Disabled access

Full wheelchair access. No adapted toilets. Accessible car parking and ramped entrance.

### Public transport

Bus: 10.

### Type of organisation

Statutory Service

### Staffing

20 full time and 5 part time staff.

## Cork Simon Community - Youth Homeless Drug Prevention

Cork Simon Day Centre  
Anderson's Quay

Cork

Tel 087 618 5907 or 021 427 8731

Email [youthdrugsproject@corksioncommunity.ie](mailto:youthdrugsproject@corksioncommunity.ie)

[www.corksion.com](http://www.corksion.com)

### Target group

Young people aged 18-26 who are homeless or at risk of homelessness.

### Area served

Cork.

### Service offered

Information, advice and support for young people who are homeless and using, or at risk of using drugs. Also carry out streetwork.

### How to contact

Drop-in, phone or contact for an appointment.

### Opening hours

Mon 7.30am - 12.30pm

Tue 7.30am - 12.30pm

Wed 7.30am - 12.30pm

Thu 7.30am - 12.30pm

Fri 7.30am - 12.30pm

Weekend Sat & Sun 7.30am - 12.30pm

### Disabled access

Limited wheelchair access. Adapted toilets. Stepped entrance.

### Public transport

Kent rail station - 10 minutes walk. Cork bus station - 2 minutes walk.

### Type of organisation

Voluntary organisation

### Staffing

1 full time member of staff.

## Gamblers Anonymous

Quaker House  
Summerhill South  
Cork

Tel 0872 859552

### Target group

Anyone who wants to stop gambling.

### Area served

Cork.

### Service offered

Fellowship of men and women who are compulsive gamblers. Self help group and separate meeting for spouses, friends and families who are affected by gambling. Meetings held Sun-Tues 8.30pm-9.30pm (Quaker House), Weds-Fri 8.30pm-9.30pm (St Francis Church, Liberty Street), Sat 7.30pm-8.30pm (Carrigaline Community Hall).

### How to contact

Drop-in to one of the meetings or phone.

### Opening hours

Mon See Service offered

Tue

Wed

Thu

Fri

Weekend

### Type of organisation

Voluntary organisation

### Staffing

Volunteers.

## Narcotics Anonymous Ireland

4/5 Eustace Street  
Dublin 2

Tel 01 672 8000

Email [na@ireland.org](mailto:na@ireland.org)

[www.na.ireland.org](http://www.na.ireland.org)

### Target group

Drug users who want to stop using.

### Area served

Ireland.

### Service offered

Regular self help meetings across Ireland for people who feel they have a drugs problem and want to stop using.

### How to contact

Information line gives contact numbers for local meetings.

### Opening hours

Mon See How to contact

Tue

Wed

Thu

Fri

Weekend

### Type of organisation

Voluntary organisation

### Staffing

Volunteers.



This section contains details of key local and national health and mental health services. Most of these services are not specifically for homeless people but may be accessed by them as appropriate.

The Health Service Executive operates a multi-disciplinary team which works with homeless people in Cork Simon Community and Society of St Vincent de Paul projects.

The Health Service Executive also operates the HSE infoline (listed in this section on page 51) which can give full information on the full range of health services available and entitlements.

#### Included in this section

Aware .....	50	Cork Mental Health Association .....	50
GROW Community Mental Health .....	50	HIV Family Support Group .....	51
HSE infoline .....	51	HSE Multi-disciplinary Team .....	51
Schizophrenia Ireland .....	52	Sexual Health Centre .....	52
South Lee Mental Health Service .....	52	Southern Gay Men's Health Project .....	53

## Aware

---

72 Lower Leeson Street

Dublin 2

Tel 1890 303 302 (Helpline) or 01 661 7211

Fax 01 661 7217

Email [info@aware.ie](mailto:info@aware.ie)

[www.aware.ie](http://www.aware.ie)

---

### Target group

People with depression and their families.

### Area served

Ireland.

### Service offered

Support for people with depression and their families. LoCall Helpline. Support groups for sufferers and relatives groups throughout the country. Schools awareness programme.

### How to contact

Phone, email or write.

### Opening hours

Mon 10am-10pm (Helpline)

Tue 10am-10pm (Helpline)

Wed 10am-10pm (Helpline)

Thu 10am-10pm (Helpline)

Fri 10am-10pm (Helpline)

Weekend Sat-Sun 10am-1pm (Helpline)

---

### Office hours

Monday-Friday 9am-5pm

### Languages

Irish.

### Disabled access

No wheelchair access. No adapted toilets. Stepped entrance.

### Type of organisation

Voluntary organisation

### Staffing

10 full time and 5 part time staff.

## Cork Mental Health Association

---

Nore House

Bessboro Road, Blackrock

Cork

Tel 021 451 1100

Fax 021 451 1150

Email [cmhealth@eircom.net](mailto:cmhealth@eircom.net)

[www.corkmentalhealth.com](http://www.corkmentalhealth.com)

---

### Target group

People with mental health problems. school children and general public.

### Area served

Cork City and County.

### Service offered

Educational programmes for school children about good mental health. Housing in community settings for people with mental health difficulties. Annual open seminar and other events aimed at raising profile of mental health issues.

### How to contact

Drop-in, phone, email or contact for an appointment.

### Opening hours

Mon 9am - 5pm

Tue 9am - 5pm

Wed 9am - 5pm

Thu 9am - 5pm

Fri 9am - 5pm

Weekend

---

### Disabled access

Full wheelchair access. Adapted toilets. Accessible car parking. Ramped entrance.

### Public transport

Buses: 2 or 10.

### Type of organisation

Voluntary organisation

### Staffing

2 full time and 5 part time staff, approx 150 volunteers.

## GROW Community Mental Health

---

11 Liberty Street

Cork

Tel 021 427 7520

Email [southernregion@grow.ie](mailto:southernregion@grow.ie)

[www.grow.ie](http://www.grow.ie)

---

### Target group

People with phobias, anxiety, depression, panic attacks, similar mental health issues or loneliness.

### Area served

Republic of Ireland.

### Service offered

Part of a network of mutual support groups for people experiencing loneliness or a range of mental health issues.

### How to contact

Drop-in, phone, email or write.

### Opening hours

Mon 9am - 5pm

Tue 9am - 5pm

Wed 9am - 1pm

Thu 10am - 5pm

Fri 9am - 5pm

Weekend

---

### Disabled access

No wheelchair access. No adapted toilets. Stepped entrance.

### Type of organisation

Voluntary organisation

### Staffing

2 full time and 3 part time staff, 40 volunteers.



## HIV Family Support Group

### Confidential Address

Tel 086 104 9801 or 021 434 3643

### Target group

Anyone affected by HIV or AIDS.

### Area served

Munster area.

### Service offered

Pastoral and spiritual support for individuals and families affected by HIV or AIDS.

### How to contact

Phone to arrange a meeting.

### Opening hours

Mon See How to contact

Tue

Wed

Thu

Fri

Weekend

### Languages

French and Portuguese. Access to interpreters.

### Disabled access

"Clients are met in places convenient to their needs."

### Type of organisation

Voluntary organisation

### Staffing

10 volunteers.

## HSE infoline

Tel 1850 24 1850

Fax 041 685 0330

Email [info@hse.ie](mailto:info@hse.ie)

[www.hse.ie](http://www.hse.ie)

### Target group

General public.

### Area served

Ireland.

### Service offered

Health Service Executive service providing information on over 110 health and social service topics, including all health service entitlements, eligibility, application forms and contact details for services across the country.

### How to contact

Phone, fax or email.

### Opening hours

Mon 8am - 8pm

Tue 8am - 8pm

Wed 8am - 8pm

Thu 8am - 8pm

Fri 8am - 8pm

Weekend 8am - 8pm (Saturday)

### Disabled access

Sigma text-pad for hearing impaired.

### Type of organisation

Statutory Service

## HSE Multi-disciplinary Team

### Confidential Address

Tel See How to contact

### Target group

Homeless people.

### Area served

Cork.

### Service offered

Primary healthcare services for homeless people. Attend Cork Simon Community Day Centre and hostels, and Society of St Vincent de Paul hostels. Services include GP, public health nurse, addiction counsellor, community mental health nurses, consultant psychiatrist, psychologist, community welfare officers and health promotion.

### How to contact

Access is via Cork Simon Community and Society of St Vincent de Paul projects.

### Opening hours

Mon See How to contact

Tue

Wed

Thu

Fri

Weekend

### Type of organisation

Statutory Service

## Schizophrenia Ireland

42 Penrose Wharf  
 Penrose Quay  
 Cork  
 Tel 021 455 2044  
 Fax 021 455 3633  
 Email [info@sirl.ie](mailto:info@sirl.ie)  
[www.sirl.ie](http://www.sirl.ie)

### Target group

People diagnosed with schizophrenia or related mental health problems, their relatives and carers.

### Area served

Health Service Executive Southern Area.

### Service offered

Information, advice and support for anyone affected by schizophrenia and related illnesses, including friends and family. Helpline, counselling and advocacy. Support group and relatives group. Information line (1890 621 631) Mon-Fri 9am-4pm.

### How to contact

Phone, email, write or contact for an appointment.

### Opening hours

Mon 9am - 1pm, 2pm - 5pm

Tue 9am - 1pm, 2pm - 5pm

Wed 9am - 1pm, 2pm - 5pm

Thu 9am - 1pm, 2pm - 5pm

Fri 9am - 1pm, 2pm - 5pm

Weekend

### Disabled access

Full wheelchair access. Adapted toilets. Accessible car parking. Level entrance. Lift. Loop system. Home visits available.

### Public transport

City centre location.

### Type of organisation

Voluntary organisation

### Staffing

1 full time and 2 part time staff.

## Sexual Health Centre

16 Peters Street  
 Cork  
 Tel 021 427 6676 (Helpline)  
 Fax 021 427 4370  
 Email [info@sexualhealthcentre.com](mailto:info@sexualhealthcentre.com)  
[www.sexualhealthcentre.com](http://www.sexualhealthcentre.com)

### Target group

General public.

### Area served

Cork.

### Service offered

Helpline giving advice on any aspect of sexual health and referrals to appropriate services. Pregnancy testing and non directive crisis pregnancy counselling. Post abortion counselling and medical check-up. Drugs and sexual health awareness training for 16-21 year olds. Outreach services to young people at risk. Support, respite care and counselling to people with HIV and their families.

### How to contact

Drop-in, phone, email or contact for an appointment.

### Opening hours

Mon 9am - 5pm

Tue 9am - 5pm

Wed 9am - 5pm

Thu 9am - 5pm

Fri 9am - 5pm

Weekend

### Languages

French.

### Disabled access

Limited wheelchair access. No adapted toilets. Level entrance. Reception and counselling room wheelchair accessible. Home visits available.

### Type of organisation

Voluntary organisation

## South Lee Mental Health Service

GF Unit  
 Cork University Hospital, Wilton  
 Cork  
 Tel 021 454 6400 (Hospital switchboard)  
 Fax 021 492 2584

### Target group

Adults with mental health problems.

### Area served

South Lee catchment area - including parts of Cork City and County.

### Service offered

Psychiatric assessment, treatment and management of adults with mental health problems. In-patient treatment in acute psychiatric unit at Cork University Hospital. Outpatient clinics at Ravenscourt Day Hospital, Tos Nu Resource Centre in Ballincollig, Watergate Centre in Bandon and Togher Community Centre.

### How to contact

By referral from GP only. Emergency assessment available 24 hours daily.

### Opening hours

Mon See How to contact

Tue

Wed

Thu

Fri

Weekend

### Languages

Access to interpreters for assessment purposes.

### Disabled access

Full wheelchair access. Ramped entrance. Loop system.

### Public transport

Bus: 8 for GF Unit.

### Type of organisation

Statutory Service

### Staffing

Approx 150 staff.

## Southern Gay Men's Health Project

---

8 South Main Street

Cork

Tel 021 427 8470

Fax 021 427 8745

Email [info@gayhealthproject.com](mailto:info@gayhealthproject.com)

[www.gayhealthproject.com](http://www.gayhealthproject.com)

---

### Target group

Gay men, bisexual men and men who have sex with men. Their family and friends.

### Area served

Cork City and County.

### Service offered

Information, support and education on issues relating to sexual health and sexuality. One to one counselling, helpline, outreach, referral service, prevention advice, addiction service, and support and self-awareness groups.

### How to contact

Drop-in, phone, email or contact for an appointment.

### Opening hours

Mon 9am-5.30pm, Drop-in 12 noon-10pm

Tue 9am-5.30pm, Drop-in 12 noon-10pm

Wed 9am-5.30pm, Drop-in 12 noon-10pm

Thu 9am-5.30pm, Drop-in 12 noon-10pm

Fri 9am-5.30pm, Drop-in 12 noon-10pm

Weekend Drop-in 12 noon-10pm Sat & Sun

---

### Disabled access

Limited wheelchair access. No adapted toilets. Home visits available.

### Type of organisation

Voluntary organisation

### Staffing

4 full time and 6 part time staff, 30 volunteers.



This section contains details of the organisations which offer advice and support to the general public on a broad range of issues.

Citizens Information Centres (CICs) provide advice and information on issues including social welfare entitlements, housing, education and employment rights. Some CICs also offer free legal or financial advice sessions.

Money Advice and Budgeting Services (MABS) provide information and advice on money management, including debt management, negotiations with creditors, repayment schedules and planning for the future. This service is of particular relevance to homeless people who have just settled or who are about to do so.

#### Included in this section

Blackpool Citizens Information Centre.....	56	Cork Citizens Information Centre.....	56
Cork Counselling Service.....	56	Cork Law Centre.....	57
Cork Money Advice and Budgeting Centre.....	57	Hollyhill Citizens Information Centre.....	57
Mayfield Citizens Information Centre.....	58	Samaritans.....	58

## Blackpool Citizens Information Centre

Community Centre  
Great William O'Brien Street  
Cork  
Tel 021 455 9807  
Email [blackpool.cic@comhairle.ie](mailto:blackpool.cic@comhairle.ie)

### Target group

General public.

### Area served

Blackpool and surrounding areas.

### Service offered

Information for the public on a wide range of subjects, including social welfare entitlements, health services, housing, education, employment rights, consumer affairs, justice, and local organisations and services.

### How to contact

Drop-in, phone, email or write.

### Opening hours

Mon 10.30am - 12.30pm

Tue 10.30am - 12.30pm

Wed 10.30am - 12.30pm

Thu 10.30am - 12.30pm

Fri 10.30am - 12.30pm

Weekend

### Disabled access

Full wheelchair access. Adapted toilets. Accessible car parking. Ramped entrance. Loop system.

### Public transport

Buses: 5A from Merchant's Quay, Northern Orbital bus 1.

### Type of organisation

Voluntary organisation

### Staffing

10 volunteers.

## Cork Citizens Information Centre

80 South Mall  
Cork  
Tel 021 427 7377  
Email [cork.cic@comhairle.ie](mailto:cork.cic@comhairle.ie)

### Target group

General public.

### Area served

Cork.

### Service offered

Information, advice and advocacy service for the general public on their civil and social rights and entitlements.

### How to contact

Drop-in, phone, email or write.

### Opening hours

Mon 9.30am - 4.30pm

Tue 9.30am - 4.30pm

Wed 9.30am - 4.30pm

Thu 9.30am - 4.30pm

Fri 9.30am - 4.30pm

Weekend

### Disabled access

Full wheelchair access. Adapted toilets. Accessible car parking and level entrance. Loop system. Information available in large print.

### Public transport

City centre location.

### Type of organisation

Voluntary organisation

## Cork Counselling Service

7 Father Matthew Street  
Cork  
Tel 021 427 4951  
Fax 021 427 0526  
Email [info@thecounsellingcentre.ie](mailto:info@thecounsellingcentre.ie)  
[www.thecounsellingcentre.ie](http://www.thecounsellingcentre.ie)

### Target group

General public.

### Area served

Munster.

### Service offered

Counselling for individuals and couples, and groupwork. Issues covered include anxiety, stress, diagnosis of major illness, bullying, relationship problems, crisis pregnancy, domestic violence, rape and abuse.

### How to contact

Drop-in or phone for an appointment.

### Opening hours

Mon 9am - 1pm, 2pm - 5pm

Tue 9am - 1pm, 2pm - 5pm

Wed 9am - 1pm, 2pm - 5pm

Thu 9am - 1pm, 2pm - 5pm

Fri 9am - 1pm, 2pm - 4pm

Weekend

### Languages

German and limited French.

### Disabled access

Limited wheelchair access. No adapted toilets. Level entrance.

### Public transport

City centre location.

### Type of organisation

Registered Charity

### Staffing

5 full time and 3 part time staff, 12 volunteers.

## Cork Law Centre

Irish Life Building

1a South Mall

Cork

Tel 021 427 5998

### Target group

People with limited financial means.

### Area served

Cork City and County, and adjoining counties.

### Service offered

Civil Legal Aid. Provides advice on civil matters to people who pass a financial eligibility test. Provides legal representation to people who also pass a merit test.

### How to contact

Phone, write or contact for an appointment.

### Opening hours

Mon 10am - 12.30pm, 2pm - 4pm

Tue 10am - 12.30pm, 2pm - 4pm

Wed 10am - 12.30pm, 2pm - 4pm

Thu 10am - 12.30pm, 2pm - 4pm

Fri 10am - 12.30pm, 2pm - 4pm

Weekend

### Office hours

Monday-Friday 9.15am-5.30pm.

### Disabled access

Limited wheelchair access. No adapted toilets. Stepped entrance. Lift.

### Type of organisation

Voluntary organisation

### Staffing

13 full time staff.

## Cork Money Advice and Budgeting Centre

Unit 12

Penrose Wharf, Penrose Quay

Cork

Tel 021 455 2080

Fax 021 455 2078

Email cork@mabs.ie

www.mabs.ie

### Target group

People who are dependent on social welfare or on low incomes and have debt problems.

### Area served

Cork City and surrounding area, including East Cork.

### Service offered

Advice on debt management. Help people to cope with immediate debt problems and become financially independent in the long term.

### How to contact

Phone, email, write or contact for an appointment.

### Opening hours

Mon 9am - 5pm

Tue 9am - 5pm

Wed 9am - 5pm

Thu 9am - 5pm

Fri 9am - 5pm

Weekend

### Disabled access

Full wheelchair access. No adapted toilets. Accessible car parking and ramped entrance. Home visits available.

### Public transport

Cork bus station.

### Type of organisation

Voluntary organisation

### Staffing

5 full time and 1 part time staff.

## Hollyhill Citizens Information Centre

Harbour View Road

Knocknaheeny

Cork

Tel 021 430 2301

Email hollyhill.cic@comhairle.ie

### Target group

General public.

### Area served

Hollyhill/Knocknaheeny and surrounding areas.

### Service offered

Information to the public on a wide range of subjects, including welfare entitlements, health services, housing, education, employment rights, consumer affairs, justice, and local organisations and services.

### How to contact

Drop-in, phone, email or write.

### Opening hours

Mon 10.30am - 4pm

Tue 10.30am - 4pm

Wed 10.30am - 4pm

Thu 10.30am - 4pm

Fri 10.30am - 4pm

Weekend

### Disabled access

Full wheelchair access. Adapted toilets. Accessible car parking. Ramped entrance. Loop system.

### Public transport

Buses: 2 from Merchants Quay, Northern Orbital bus 1.

### Type of organisation

Voluntary organisation

### Staffing

2 full time staff and 8 volunteers.

## Mayfield Citizens Information Centre

---

Newbury House  
Old Youghal Road, Mayfield  
Cork  
Tel 021 450 8300  
Email [mayfield.cic@comhairle.ie](mailto:mayfield.cic@comhairle.ie)

---

### Target group

General public.

### Area served

Mayfield and surrounding areas.

### Service offered

Information to the public on a wide range of subjects, including social welfare entitlements, health services, housing, education, employment rights, consumer affairs, justice, and local organisations and services.

### How to contact

Drop-in, phone, email or write.

### Opening hours

Mon 10am - 12 noon

---

Tue 2pm - 4pm

---

Wed 10am - 12 noon, 7.30pm - 9pm

---

Thu 10am - 12 noon

---

Fri 2pm - 4pm

---

Weekend

---

### Disabled access

Limited wheelchair access. No adapted toilets. Level entrance. Loop system.

### Public transport

Buses: 8 from Patrick Street, Northern Orbital bus 1.

### Type of organisation

Voluntary organisation

### Staffing

12 volunteers.

## Samaritans

---

7-8 Coach Street  
Cork  
Tel 1850 60 90 90  
Email [jo@samaritans.org](mailto:jo@samaritans.org)  
[www.samaritans.org](http://www.samaritans.org)

---

### Target group

Anyone experiencing distress or despair.

### Area served

Cork City and County. Telephone helpline for anywhere in Republic of Ireland.

### Service offered

Confidential emotional support for people who are experiencing feelings of distress or despair, including those who are suicidal.

### How to contact

Drop-in, phone or email.

### Opening hours

Mon 9am-10pm (drop-in), 24 hr (tel)

---

Tue 9am-10pm (drop-in), 24 hr (tel)

---

Wed 9am-10pm (drop-in), 24 hr (tel)

---

Thu 9am-10pm (drop-in), 24 hr (tel)

---

Fri 9am-10pm (drop-in), 24 hr (tel)

---

Weekend 9am-10pm (drop-in), 24 hr (tel)

---

### Languages

French, German and Irish (all limited).

### Disabled access

Full wheelchair access. Adapted toilets. Wheelchair lift at entrance.

### Type of organisation

Registered Charity

### Staffing

145 volunteers.



This section contains details of services specialising in a particular subject or targeting a particular client group.

These services do not target homeless people specifically. However, they may be of relevance to people who are homeless, have been homeless or are at risk of homelessness. Included here are services specifically for young people, women, refugees and asylum seekers, travellers, ex-offenders, people with disabilities, women escaping domestic violence, etc.

Services for people with drug and alcohol problems are in the Alcohol and Drugs section, and services for people with mental health problems are in the Health and Mental Health section.

#### Included in this section

Barnardos.....	60	CCTU (Cork Centre for the Unemployed).....	60
Cork Alliance Centre.....	60	Cork City Council - Social Work for Travellers.....	61
Cork Deaf Association.....	61	Cork Prison Post Release Service.....	61
Cork Sexual Violence Centre.....	62	Cork YMCA.....	62
CURA.....	62	Family Mediation Service.....	63
Gingerbread Ireland.....	63	Irish Society for the Prevention of Cruelty to Children.....	63
L.inc (Lesbians in Cork).....	64	Mna Feasa Women's Domestic Violence Project.....	64
MOVE (Men Overcoming Violence).....	64	NASC - Irish Immigrant Support Centre.....	65
National Adult Literacy Agency (NALA).....	65	National Council for the Blind of Ireland.....	65
OSS Cork.....	66	Our Lady of the Wayside Traveller Conference.....	66
Probation Service.....	66	Right of Place.....	67
Support After Crime Services.....	67	Women's Aid.....	67

## Barnardos

The Bowling Green

White Street

Cork

Tel 021 431 0591

Fax 021 431 0691

Email [info@cork.barnardos.ie](mailto:info@cork.barnardos.ie)

[www.barnardos.ie](http://www.barnardos.ie)

### Target group

Children, families and the general public.

### Area served

Ireland.

### Service offered

Origins Tracing Service helps people to access their personal information held by the Department of Education about their stay in industrial or reformatory schools, or helps them to trace other family members. Family support project in Mahon. Guardian at law service for children involved in family law proceedings to have an independent voice in court. Bereavement counselling for children.

### How to contact

Phone or contact for an appointment.

### Opening hours

Mon 9am - 5pm

Tue 9am - 5pm

Wed 9am - 5pm

Thu 9am - 5pm

Fri 9am - 5pm

Weekend

### Languages

Access to interpreters. French.

### Disabled access

Full wheelchair access. Adapted toilets. Home visits available from Mahon Family Support Project.

### Public transport

City centre location.

### Type of organisation

Registered Charity

### Staffing

9 full time and 4 part time staff.

## CCTU (Cork Centre for the Unemployed)

13 North Main Street

Cork

Tel 021 427 5876

### Target group

Unemployed people, including those who are retired or disabled, lone parents and immigrants.

### Area served

Cork City and County.

### Service offered

Advice, support and advocacy around social welfare and employment rights. Free vocational and leisure classes. Computer and EFL training for nominal fee. Job club and CV typing service. IES outreach office. Immigrant support outreach service. Counselling referrals. Free canteen.

### How to contact

Drop-in, phone or email.

### Opening hours

Mon 9.30am - 4.30pm

Tue 9.30am - 4.30pm

Wed 9.30am - 4.30pm

Thu 9.30am - 4.30pm

Fri 9.30am - 4.30pm

Weekend

### Languages

Arabic, Dutch, French, German, Irish and Polish. Access to interpreters.

### Disabled access

Limited wheelchair access. No adapted toilets. Level entrance. Wheelchair access to ground floor only - no wheelchair access to canteen, classrooms and toilets.

### Public transport

City centre location.

### Staffing

4 full time and 20 part time staff, plus volunteers.

## Cork Alliance Centre

Robert Scott House

6 St Patrick's Quay

Cork

Tel 021 455 7878

Fax 021 455 7880

Email [corkalliancecentre@eircom.net](mailto:corkalliancecentre@eircom.net)

### Target group

Ex-prisoners.

### Area served

Cork, its suburbs and surrounding towns.

### Service offered

Befriending, practical support and advocacy for people who are leaving prison. Aims to help prisoners make a fresh start in terms of reducing offending behaviour and increasing participation in individual, family and community life.

### How to contact

Drop-in, phone or contact for an appointment.

### Opening hours

Mon 9am - 6pm

Tue 9am - 6pm

Wed 9am - 6pm

Thu 9am - 6pm

Fri 9am - 2pm

Weekend

### Disabled access

No wheelchair access. No adapted toilets. Accessible car parking, stepped entrance.

### Staffing

3 full time and 1 part time staff.

## Cork City Council - Social Work for Travellers

Housing and Community  
Central Fire Station, Anglesea Street  
Cork  
Tel 021 492 4403

### Target group

Travellers.

### Area served

Cork City and immediate surroundings.

### Service offered

Information, advice and advocacy for Travellers. Liaise with statutory agencies, including Community Welfare Officers, education and health services, and voluntary Traveller organisations.

### How to contact

Phone or contact for an appointment.  
Clinic on 2nd and 4th Wed each month  
9.30am-12.30pm.

### Opening hours

Mon See How to contact

Tue

Wed

Thu

Fri

Weekend

### Disabled access

Full wheelchair access. No adapted toilets. Level entrance. Lift. Home visits available.

### Type of organisation

Statutory Service

### Staffing

1 full time member of staff.

## Cork Deaf Association

5 McCurtain Street  
Cork  
Tel 021 450 5944  
Fax 021 450 6190  
Textphone 021 450 6190  
Email mail@corkdeaf.ie

### Target group

People who are deaf or hearing impaired, including people with tinnitus.

### Area served

Cork City and County.

### Service offered

Information, advice and support for deaf and hearing impaired people. Counselling and mental health support for families. Sign language and lipreading classes. Help with CVs, interview preparation and job placement. Cork Deaf Club, Elderly Deaf Group and Parents Support Group provide social activities, training and peer support. Children's activities and outings. Provide adapted equipment.

### How to contact

Drop-in, phone, email, write or contact for an appointment.

### Opening hours

Mon 9am - 1pm, 2pm - 5pm

Tue 9am - 1pm, 2pm - 5pm

Wed 9am - 1pm, 2pm - 5pm

Thu 9am - 1pm, 2pm - 5pm

Fri 9am - 1pm, 2pm - 5pm

Weekend

### Languages

Irish sign language. Limited French spoken. Access to interpreters.

### Disabled access

Limited wheelchair access. Adapted toilets. Level entrance. Loop system. Home visits available.

### Type of organisation

Voluntary organisation

### Staffing

7 full time and 10 part time staff, 30+ volunteers.

## Cork Prison Post Release Service

Cork Prison  
Rathmore Road  
Cork  
Tel 021 451 8814  
Fax 021 451 8814  
Email cpreduc@101free.ie

### Target group

Prisoners nearing end of sentence, including those who have completed addiction treatment/aftercare.

### Area served

Ireland.

### Service offered

Information, advice and mentoring for prisoners approaching the end of their sentence in Cork Prison. Liaison with education and training services. Referrals to addiction counsellors. Outreach support and information for ex-prisoners and their families.

### How to contact

By referral from Cork Prison only.

### Opening hours

Mon 9.15am - 1pm, 2pm - 4.30pm

Tue 9.15am - 1pm, 2pm - 4.30pm

Wed 9.15am - 1pm, 2pm - 4.30pm

Thu 9.15am - 1pm, 2pm - 4.30pm

Fri 9.15am - 1pm, 2pm - 4.30pm

Weekend

### Staffing

1 full time member of staff.

**Cork Sexual Violence Centre**

5 Camden Place  
Cork  
Tel 1800 496 496 or 021 450 5577  
Email [info@sexualviolence.ie](mailto:info@sexualviolence.ie)  
[www.sexualviolence.ie](http://www.sexualviolence.ie)

**Target group**

Victims of sexual violence, their friends and family.

**Area served**

County Cork.

**Service offered**

Information, advice and counselling for anyone affected by sexual violence, whenever it occurred. Specific services for men, women and teenagers. Accompany clients to GPs, hospital, Garda, court, etc. Satellite centres in Bantry and Mallow.

**How to contact**

Drop-in, phone, email, write or contact for an appointment.

**Opening hours**

Mon 9am - 5pm

Tue 9am - 5pm

Wed 9am - 5pm

Thu 9am - 5pm

Fri 9am - 5pm

Weekend

**Disabled access**

No wheelchair access. No adapted toilets. Stepped entrance.

**Type of organisation**

Voluntary organisation

**Staffing**

2 full time and 7 part time staff.

**Cork YMCA**

11-12 Marlboro Street  
Cork  
Tel 021 427 0187 or 021 427 3056  
Fax 021 427 9248  
Email [ymcacork@indigo.ie](mailto:ymcacork@indigo.ie)  
[www.ymcacork.org](http://www.ymcacork.org)

**Target group**

Young people.

**Area served**

Cork.

**Service offered**

A range of services for young people. Youth Information Centre: information and advice on all issues affecting young people. DION: independent living skills course and tenancy support. STEP: pre-vocational training and preparation for work for 17-25 yr olds without leaving certificate. WOT: personal development and work experience for 18-21 yr olds. Youth Counselling Service for 15-25 yr olds.

**How to contact**

Drop-in, phone or contact for an appointment.

**Opening hours**

Mon 9am - 6pm

Tue 9am - 6pm

Wed 9am - 6pm

Thu 9am - 6pm

Fri 9am - 6pm

Weekend

**Languages**

French and German.

**Disabled access**

No wheelchair access. No adapted toilets. Stepped entrance. Loop system.

**Public transport**

City centre location.

**Type of organisation**

Registered Charity

**Staffing**

2 full time and 12 part time staff, 9 volunteers.

**CURA**

34 Paul Street  
Cork  
Tel 021 427 7544 or 1850 622 626  
Fax 021 490 5532  
Email [cork@cura.ie](mailto:cork@cura.ie)  
[www.cura.ie](http://www.cura.ie)

**Target group**

Anyone affected by an unplanned pregnancy, including partners, parents and siblings.

**Area served**

Cork and Waterford West.

**Service offered**

Counselling and support service for anyone experiencing a crisis pregnancy. Pregnancy testing. Post-abortion counselling. Information on entitlements. Referrals to other services.

**How to contact**

Drop-in, phone or contact for an appointment.

**Opening hours**

Mon 11am - 4pm

Tue 11am - 4pm

Wed 11am - 4pm

Thu 11am - 4pm

Fri 11am - 4pm

Weekend Sat 1pm - 4pm

**Languages**

Access to interpreters.

**Disabled access**

Limited wheelchair access. No adapted toilets. Accessible car parking.

**Type of organisation**

Voluntary organisation

**Staffing**

2 part time staff and 42 volunteers.

## Family Mediation Service

Hibernian House

80a South Mall

Cork

Tel 021 425 2200

Fax 021 425 1331

Email [fmshibernian@eircom.net](mailto:fmshibernian@eircom.net)

[www.fsa.ie](http://www.fsa.ie)

### Target group

Couples who have separated or decided to separate.

### Area served

Full time office in Cork, part time offices in Tralee, Waterford and Wexford.

### Service offered

Mediation service for separating couples, encouraging them to co-operate with each other in working out mutually acceptable arrangements regarding parenting, finances, family home, possessions, pensions and other issues related to the separation. Full time office in Cork also supports part time offices in Tralee, Waterford and Wexford.

### How to contact

Drop-in, phone, email or write.

### Opening hours

Mon 9am - 1pm, 2pm - 5pm

Tue 9am - 1pm, 2pm - 5pm

Wed 9am - 1pm, 2pm - 5pm

Thu 9am - 1pm, 2pm - 5pm

Fri 9am - 1pm, 2pm - 5pm

Weekend

### Disabled access

Limited wheelchair access. No adapted toilets. Stepped entrance. Lift.

### Type of organisation

Statutory Service

### Staffing

4 full time staff.

## Gingerbread Ireland

Carmichael House

North Brunswick Street, Dublin 7

Tel 01 814 6618

Fax 01 814 6619

Email [info@gingerbread.ie](mailto:info@gingerbread.ie)

[www.gingerbread.ie](http://www.gingerbread.ie)

### Target group

Lone parents and separating couples who have children.

### Area served

Ireland.

### Service offered

Information and advice about lone parenting. Nationwide network of self help groups for lone parents and separating couples with children.

### How to contact

Phone, email or write.

### Opening hours

Mon 10am - 2pm

Tue 10am - 2pm

Wed 10am - 2pm

Thu 10am - 2pm

Fri Closed

Weekend

### Type of organisation

Voluntary organisation

### Staffing

1 part time member of staff and 7 volunteers.

## Irish Society for the Prevention of Cruelty to Children

1st Floor

Penrose Wharf, 3/5 Alfred Street

Cork

Tel 021 450 9588 or 1800 666 666 (Helpline)

Fax 021 450 9589

Email [ispccork@indigo.ie](mailto:ispccork@indigo.ie)

[www.ispcc.ie](http://www.ispcc.ie)

### Target group

Children and young people aged under 18.

### Area served

Cork City and surrounding areas.

### Service offered

Support services for vulnerable children and young people. Childline (1800 666 666): national listening service, 24 hours daily. Child focus: one-to-one support for children under 12 with emotional difficulties. 4me service: mentoring and counselling for young people aged 13-17 who are at risk of early school leaving, alcohol or drugs misuse, with mental health difficulties or socially isolated.

### How to contact

Drop-in, phone, email, write or contact for an appointment.

### Opening hours

Mon 9am - 5.30pm

Tue 9am - 5.30pm

Wed 9am - 5.30pm

Thu 9am - 5.30pm

Fri 9am - 5.30pm

Weekend

### Office hours

Reception desk open Monday-Friday 9am-1pm.

### Languages

Irish.

### Disabled access

Full wheelchair access. Adapted toilets. Accessible car parking. Level entrance. Lift. Home visits available.

### Public transport

City centre location.

### Type of organisation

Registered Charity

### Staffing

8 full time and 3 part time staff, 50 volunteers.

**L.inc (Lesbians in Cork)**

11a White Street

Cork

Tel 021 480 8600

Email info@linc.ie

www.linc.ie

**Target group**

Lesbian, bisexual and transgendered persons who identify as lesbian or bisexual.

**Area served**

Cork.

**Service offered**

Resource centre providing information, support and social activities for women who identify as lesbian or bisexual. One to one and peer support. "Outlink" outreach project aiming to reduce social exclusion experienced by lesbian and bisexual women and their families.

**How to contact**

Drop-in, phone or email.

**Opening hours**

Mon 11am - 3pm

Tue 11am - 3pm

Wed 11am - 3pm

Thu 11am - 3pm

Fri 11am - 3pm

Weekend

**Office hours**

Monday- Friday 9am-5pm.

**Disabled access**

Full wheelchair access. No adapted toilets. Accessible parking and level entrance. Home visits available.

**Type of organisation**

Voluntary organisation

**Mna Feasa Women's Domestic Violence Project**

Ionad na nDaoine

36 Ardmore Avenue, Knocknaheeny

Cork

Tel 021 421 1757 (Helpline)

Fax 021 421 2955

Email mnafeasa@eircom.net

www.mnafeasa.com

**Target group**

Women who have experienced domestic violence.

**Area served**

Cork City and County.

**Service offered**

Support for women who have experienced domestic violence. One to one meetings and support group. Counselling. Court accompaniment service. Referrals to other community support. Run a schools programme and public education.

**How to contact**

Drop-in, phone, email, write or contact for an appointment.

**Opening hours**

Mon 10am - 2pm

Tue 10am - 4pm

Wed 10am - 4pm

Thu 10am - 4pm

Fri 10am - 2pm

Weekend

**Office hours**

Monday, Friday 9.30am-2pm, Tuesday-Thursday 9.30am-4pm.

**Disabled access**

No wheelchair access. No adapted toilets. Can arrange to meet women with disabilities in suitable premises.

**Public transport**

Buses: 2 and 1 Orbital.

**Type of organisation**

Voluntary organisation

**Staffing**

4 part time staff and 15 volunteers.

**MOVE (Men Overcoming Violence)**

Grattan House

Grattan Street

Cork

Tel 086 069 1834

www.moveireland.ie

**Target group**

Male perpetrators of domestic violence.

**Area served**

Cork.

**Service offered**

Domestic violence intervention programme. Groupwork sessions for male perpetrators of domestic violence held at Grattan House, Grattan Street.

**How to contact**

Phone for details of sessions. Leave a message if necessary - calls returned as soon as possible.

**Opening hours**

Mon See How to contact

Tue

Wed

Thu

Fri

Weekend

**Disabled access**

No wheelchair access. No adapted toilets.

**Public transport**

Sessions held at City centre location.

**Type of organisation**

Voluntary organisation

**Staffing**

1 part time member of staff and 7 volunteers.

## NASC - Irish Immigrant Support Centre

Enterprise House  
35 Mary Street  
Cork  
Tel 021 431 7411  
Email [info@nascireland.org](mailto:info@nascireland.org)  
[www.nascireland.org](http://www.nascireland.org)

### Target group

Immigrants, asylum seekers and refugees.

### Area served

Cork city and county.

### Service offered

Information and legal advice for immigrants, asylum seekers and refugees. Issues covered include the asylum system, family reunification, travel documents, deportations, citizenship, racism, integration into the community, migrant work, education and training, health and mental health, childcare, social and cultural issues. Capacity building for minority ethnic led organisations.

### How to contact

Drop-in, phone, email or contact for an appointment.

### Opening hours

Mon 9am - 1pm, 2pm - 5pm

Tue 9am - 1pm, 2pm - 5pm

Wed 9am - 1pm, 2pm - 5pm

Thu 9am - 1pm, 2pm - 5pm

Fri 9am - 1pm, 2pm - 5pm

Weekend

### Languages

French.

### Disabled access

Limited wheelchair access. No adapted toilets. Accessible car parking. Stepped entrance.

### Staffing

2 full time and 2 part time staff, 14 volunteers.

## National Adult Literacy Agency (NALA)

21 Lavitt's Quay  
Cork  
Tel 021 427 8655  
Fax 021 427 8665  
[www.nala.ie](http://www.nala.ie)

### Target group

General public.

### Area served

Cork, Kerry, Kilkenny, Limerick, Waterford and Wexford.

### Service offered

Local branch of membership organisation concerned with national co-ordination, training and policy development in adult literacy work in Ireland. Refer people to VEC literacy schemes. Provide a range of literacy publications. Run a website ([www.literacytools.ie](http://www.literacytools.ie)) which people can use to improve their spelling, reading and numeracy skills.

### How to contact

Drop-in, phone, email, write or contact for an appointment.

### Opening hours

Mon 9.30am - 5pm

Tue 9.30am - 5pm

Wed 9.30am - 5pm

Thu 9.30am - 5pm

Fri 9.30am - 5pm

Weekend

### Languages

French.

### Disabled access

Full wheelchair access. Adapted toilets. Level entrance. Lift.

### Public transport

City centre location.

### Type of organisation

Voluntary organisation

### Staffing

1 full time and 1 part time staff.

## National Council for the Blind of Ireland

Plunkett Chambers  
21-23 Oliver Plunkett Street  
Cork  
Tel 021 427 1020  
Fax 021 427 2099  
Email [cork@ncbi.ie](mailto:cork@ncbi.ie)  
[www.ncbi.ie](http://www.ncbi.ie)

### Target group

Blind and visually impaired people.

### Area served

Ireland.

### Service offered

Information, advice and support to people who are blind or visually impaired. Rehabilitative and independent living training. Adaptive technology training. Library of talking books and braille books. Guidance on awareness and media conversion services for public and commercial organisations. Due to move in November 2006.

### How to contact

Drop-in, phone, email, write or contact for an appointment.

### Opening hours

Mon 9am - 5pm

Tue 9am - 5pm

Wed 9am - 5pm

Thu 9am - 5pm

Fri 9am - 5pm

Weekend

### Disabled access

No wheelchair access. No adapted toilets. Home visits available. Moving to fully accessible premises in November 2006.

### Public transport

City centre location.

### Type of organisation

Registered Charity

### Staffing

6 full time and 2 part time staff.

## OSS Cork

94 South Main Street

Cork

Tel 1800 497 497 (helpline) or 021 422 2979

Fax 021 422 2966

Email [oss cork@eircom.net](mailto:oss cork@eircom.net)

[www.oss cork.ie](http://www.oss cork.ie)

### Target group

Women and men experiencing domestic violence.

### Area served

Cork City and County.

### Service offered

One stop shop for women and men experiencing domestic violence. Provides information, support, advocacy and accompaniment to appointments and other agencies. Information provided includes legal, financial and housing issues.

### How to contact

Drop-in, phone helpline or contact for an appointment.

### Opening hours

Mon 9am - 1pm

Tue 9am - 1pm

Wed 9am - 1pm

Thu 9am - 1pm

Fri 9am - 1pm

Weekend

### Office hours

9am - 1pm, 2pm - 5pm.

### Disabled access

Limited wheelchair access. No adapted toilets. Level entrance, all services on ground floor.

### Public transport

City centre location.

### Staffing

1 full time and 2 part time staff.

## Our Lady of the Wayside Traveller Conference

Society of St Vincent de Paul

Ozanam House, 2 Tuckey Street

Cork

Tel 021 427 0444

Fax 021 427 0644

### Target group

Travellers.

### Area served

Cork City and the immediate surrounding area.

### Service offered

Home visits and family support for the traveller community. Run projects addressing gaps in educational achievement in Tuckey Street, Ballyphehane, Bishopstown, Blackpool, Knocknaheeny, Mahon and St John's Central College.

### How to contact

Drop-in (Mon-Tue 10am-1pm), phone, write or contact for an appointment.

### Opening hours

Mon 10am - 1pm, 7pm - 9pm (classes)

Tue 10am - 1pm, 7pm - 9pm (classes)

Wed 10am-1pm (class), 10am-12.30 (appt)

Thu 7pm - 9pm (classes)

Fri 10am - 1pm (classes)

Weekend

### Office hours

Monday, Tuesday, Thursday and Friday mornings.

### Disabled access

Full wheelchair access. Adapted toilets. Ramped entrance. Home visits available.

### Type of organisation

Voluntary organisation

### Staffing

2 part time staff and 8 volunteers.

## Probation Service

St Nicholas Church

Cove Street

Cork

Tel 021 483 6700

Fax 021 484 5146

[www.probation.ie](http://www.probation.ie)

### Target group

Offenders referred by Courts. Those in prison, custody or on temporary supervised prison release.

### Area served

Cork City and County.

### Service offered

Assessment and management of offenders, with the aim of reintegration of prisoners into society. Risk evaluation and assessment reports for Courts, Parole Board, Department of Justice, Equality and Law Reform, Irish Prison Service and statutory agencies. Supervision for offenders in the community.

### How to contact

Drop-in, phone, email, write or contact for an appointment.

### Opening hours

Mon 9.15am - 5.30pm

Tue 9.15am - 5.30pm

Wed 9.15am - 5.30pm

Thu 9.15am - 5.30pm

Fri 9.15am - 5.30pm

Weekend

### Languages

Access to interpreters.

### Disabled access

Full wheelchair access. Adapted toilets. Accessible car parking. Ramped entrance. Lift. Home visits available.

### Public transport

City centre location.

### Type of organisation

Statutory Service

### Staffing

21 full time and 2 part time staff.



## Right of Place

100/101 Lower Glanmire Road

Cork

Tel 1800 200 709 or 021 455 1377

Fax 021 455 1386

Email [uptomstp2@hotmail.com](mailto:uptomstp2@hotmail.com)

### Target group

Victims of institutional abuse.

### Area served

Ireland and international.

### Service offered

Support group run by and for victims of institutional abuse. Provides information on Commission to Inquire into Child Abuse and Compensation Board (Redress Bill). Family tracing service and help with tracing own records. Counselling. Literacy training and access to educational opportunities. Repatriation and accommodation scheme for survivors of institutional abuse who wish to return to Ireland.

### How to contact

Drop-in or phone.

### Opening hours

Mon 9.15am - 4.45pm

Tue 9.15am - 4.45pm

Wed 9.15am - 4.45pm

Thu 9.15am - 4.45pm

Fri 9.15am - 4.45pm

Weekend

### Disabled access

Limited wheelchair access. Adapted toilets. Ramped entrance. Lift.

### Staffing

2 full time and 16 part time staff.

## Support After Crime Services

Ground Floor

4 Anglesea Villas, Anglesea Street

Cork

Tel 021 432 0555

Fax 021 432 0565

Email [info@supportaftercrimeservices.ie](mailto:info@supportaftercrimeservices.ie)

[www.supportaftercrimeservices.ie](http://www.supportaftercrimeservices.ie)

### Target group

Anyone affected by crime.

### Area served

Cork and Greater Munster area.

### Service offered

Emotional support and practical assistance to people affected by crime.

### How to contact

Drop-in, phone, write or contact for an appointment.

### Opening hours

Mon 9.30am - 5pm

Tue 9.30am - 5pm

Wed 9.30am - 5pm

Thu 9.30am - 5pm

Fri 9.30am - 5pm

Weekend

### Disabled access

Limited wheelchair access. No adapted toilets. Level entrance. Home visits available.

### Type of organisation

Voluntary organisation

### Staffing

1 full time and 1 part time staff, 40 volunteers.

## Women's Aid

Everton House

47 Old Cabra Road, Dublin 7

Tel 1800 341 900 / 01 868 4721

Fax 01 868 4722

Email [info@womensaid.ie](mailto:info@womensaid.ie)

[www.womensaid.ie](http://www.womensaid.ie)

### Target group

Women who have been physically, emotionally and sexually abused in their own home.

### Area served

Ireland.

### Service offered

National freephone helpline providing support and information on legal, financial and accommodation issues to women who have experienced domestic violence. Individual support, advocacy and court accompaniment (Mon-Fri 9am-5pm by appointment). Outreach service to local health centres on north and south side of Dublin.

### How to contact

Phone or write.

### Opening hours

Mon 10am - 10pm

Tue 10am - 10pm

Wed 10am - 10pm

Thu 10am - 10pm

Fri 10am - 10pm

Weekend 10am - 10pm

### Disabled access

Full wheelchair access. Adapted toilets.

### Type of organisation

Registered Charity

### Staffing

25 full time and 5 part time staff, 40 volunteers.

## INDEX OF PROJECTS FOR WOMEN

These projects are for women only. Many other projects in this Directory can also offer a service to women as part of their general client group.

NAME	SECTION	PAGE
Bessborough Care Centre .....	Transitional Housing.....	16
Cuanlee Refuge .....	Emergency Hostels .....	4
CURA.....	Specialist Advice And Support .....	62
Good Shepherd Services - Aftercare Team.....	Homelessness Advice And Support.....	43
Good Shepherd Services - Edel House.....	Emergency Hostels .....	6
Good Shepherd Services - Riverview .....	Emergency Hostels .....	8
L.inc (Lesbians in Cork).....	Specialist Advice And Support .....	64
Mna Feasa Women's Domestic Violence Project .....	Specialist Advice And Support .....	64
Renewal.....	Specialist Housing.....	36
Sophia Housing Association - Families Project.....	Transitional Housing.....	20
St Vincent's Centre.....	Long Term Supported Housing.....	31
Wellsprings .....	Transitional Housing.....	22
Women's Aid.....	Specialist Advice And Support .....	67

These projects are for young people only. Many other projects in this Directory can also offer a service to young people as part of their general client group.

<b>NAME</b>	<b>SECTION</b>	<b>PAGE</b>
Barnardos .....	Specialist Advice And Support .....	60
Cork Foyer .....	Transitional Housing.....	17
Cork Simon Community - Youth Homeless Drug Prevention .....	Alcohol And Drugs .....	47
Cork YMCA.....	Specialist Advice And Support .....	62
Good Shepherd Services - Riverview .....	Emergency Hostels .....	8
Irish Society for the Prevention of Cruelty to Children.....	Specialist Advice And Support .....	63
Liberty Street House .....	Homelessness Advice And Support .....	43
Pathways .....	Emergency Hostels .....	10
Wellsprings .....	Transitional Housing.....	22

NAME	SECTION	PAGE
<b>A</b>		
Al-Anon Family Groups .....	Alcohol And Drugs .....	46
Alcoholics Anonymous in Ireland .....	Alcohol And Drugs .....	46
Arbour House Treatment Centre & Community Counselling .....	Alcohol And Drugs .....	46
Aware .....	Health And Mental Health .....	50
<b>B</b>		
Barnardos .....	Specialist Advice And Support .....	60
Bessborough Care Centre .....	Transitional Housing .....	16
Blackpool Citizens Information Centre .....	General Advice And Support .....	56
<b>C</b>		
CCTU (Cork Centre for the Unemployed) .....	Specialist Advice And Support .....	60
Clanmornin House - Cork Simon Community .....	Long Term Supported Housing .....	24
Cork Alliance Centre .....	Specialist Advice And Support .....	60
Cork Citizens Information Centre .....	General Advice And Support .....	56
Cork City Council - Housing Advice .....	Homelessness Advice And Support .....	40
Cork City Council - Outreach Service .....	Homelessness Advice And Support .....	40
Cork City Council - Social Work for Travellers .....	Specialist Advice And Support .....	61
Cork Counselling Service .....	General Advice And Support .....	56
Cork County Council - Housing (Northern Division) .....	Homelessness Advice And Support .....	40
Cork County Council - Housing (Southern Division) .....	Homelessness Advice And Support .....	41
Cork Deaf Association .....	Specialist Advice And Support .....	61
Cork Foyer .....	Transitional Housing .....	17
Cork Law Centre .....	General Advice And Support .....	57
Cork Mental Health Association .....	Health And Mental Health .....	50
Cork Money Advice and Budgeting Centre .....	General Advice And Support .....	57
Cork Penny Dinners .....	Homelessness Advice And Support .....	41
Cork Prison Post Release Service .....	Specialist Advice And Support .....	61
Cork Sexual Violence Centre .....	Specialist Advice And Support .....	62
Cork Simon Community - Clanmornin House .....	Long Term Supported Housing .....	24
Cork Simon Community - Day Centre .....	Homelessness Advice And Support .....	41
Cork Simon Community - Emergency Shelter .....	Emergency Hostels .....	2
Cork Simon Community - Mill House .....	Long Term Supported Housing .....	25
Cork Simon Community - Outreach Project .....	Homelessness Advice And Support .....	42
Cork Simon Community - Settlement Apartments .....	Transitional Housing .....	18
Cork Simon Community - Settlement Project .....	Homelessness Advice And Support .....	42
Cork Simon Community - Soup Run .....	Homelessness Advice And Support .....	42
Cork Simon Community - Tír na nÓg .....	Long Term Supported Housing .....	26
Cork Simon Community - Victoria Road .....	Long Term Supported Housing .....	27
Cork Simon Community - Youth Homeless Drug Prevention .....	Alcohol And Drugs .....	47
Cork YMCA .....	Specialist Advice And Support .....	62
Cuanlee Refuge .....	Emergency Hostels .....	4
CURA .....	Specialist Advice And Support .....	62
<b>D</b>		
Deerpark House - Society of St Vincent de Paul .....	Transitional Housing .....	19
<b>E</b>		
Edel House - Good Shepherd Services .....	Emergency Hostels .....	6
<b>F</b>		
Family Mediation Service .....	Specialist Advice And Support .....	63
Fellowship House .....	Specialist Housing .....	34
<b>G</b>		
Gamblers Anonymous .....	Alcohol And Drugs .....	47
Gingerbread Ireland .....	Specialist Advice And Support .....	63
Good Shepherd Services - Aftercare Team .....	Homelessness Advice And Support .....	43

NAME	SECTION	PAGE
Good Shepherd Services - Edel House.....	Emergency Hostels .....	6
Good Shepherd Services - Riverview .....	Emergency Hostels .....	8
GROW Community Mental Health.....	Health And Mental Health.....	50
<b>H</b>		
HIV Family Support Group .....	Health And Mental Health.....	51
Hollyhill Citizens Information Centre.....	General Advice And Support .....	57
Homeless Persons Unit .....	Homelessness Advice And Support .....	43
HSE infoline.....	Health And Mental Health.....	51
HSE Multi-disciplinary Team.....	Health And Mental Health.....	51
<b>I</b>		
Irish Immigrant Support Centre - NASC .....	Specialist Advice And Support .....	65
Irish Society for the Prevention of Cruelty to Children .....	Specialist Advice And Support .....	63
<b>L</b>		
L.inc (Lesbians in Cork) .....	Specialist Advice And Support .....	64
Leitrim Street - Sophia Housing Association.....	Transitional Housing .....	21
Liberty Street House.....	Homelessness Advice And Support .....	43
<b>M</b>		
Mayfield Citizens Information Centre .....	General Advice And Support .....	58
Mill House - Cork Simon Community .....	Long Term Supported Housing.....	25
Missionaries of Charity.....	Specialist Housing .....	35
Mna Feasa Women's Domestic Violence Project.....	Specialist Advice And Support .....	64
Mount Cara.....	Long Term Supported Housing.....	28
MOVE (Men Overcoming Violence) .....	Specialist Advice And Support .....	64
<b>N</b>		
Narcotics Anonymous Ireland .....	Alcohol And Drugs.....	47
NASC - Irish Immigrant Support Centre .....	Specialist Advice And Support .....	65
National Adult Literacy Agency (NALA).....	Specialist Advice And Support .....	65
National Council for the Blind of Ireland.....	Specialist Advice And Support .....	65
<b>O</b>		
Oakdene House .....	Long Term Supported Housing.....	29
O'Connell Court.....	Long Term Supported Housing.....	30
OSS Cork .....	Specialist Advice And Support .....	66
Our Lady of the Wayside Traveller Conference .....	Specialist Advice And Support .....	66
<b>P</b>		
Pathways.....	Emergency Hostels .....	10
Probation Service.....	Specialist Advice And Support .....	66
<b>R</b>		
Renewal .....	Specialist Housing .....	36
Right of Place.....	Specialist Housing .....	37
Right of Place.....	Specialist Advice And Support .....	67
Riverview - Good Shepherd Services .....	Emergency Hostels .....	8
<b>S</b>		
Samaritans .....	General Advice And Support .....	58
Schizophrenia Ireland .....	Health And Mental Health.....	52
Sexual Health Centre.....	Health And Mental Health.....	52
Society of St Vincent de Paul .....	Homelessness Advice And Support .....	44
Society of St Vincent de Paul - Deerpark House .....	Transitional Housing .....	19
Society of St Vincent de Paul - St Vincent's House .....	Emergency Hostels .....	12
Sophia Housing Association - Families Project .....	Transitional Housing .....	20
Sophia Housing Association - Leitrim Street.....	Transitional Housing .....	21
South Lee Mental Health Service .....	Health And Mental Health.....	52
Southern Gay Men's Health Project.....	Health And Mental Health.....	53

**ALPHABETICAL INDEX**

<b>NAME</b>	<b>SECTION</b>	<b>PAGE</b>
St Vincent's Centre.....	Long Term Supported Housing .....	31
St Vincent's House - Society of St Vincent de Paul .....	Emergency Hostels .....	12
Support After Crime Services .....	Specialist Advice And Support .....	67
<b>T</b>		
Tabor Lodge Residential Treatment Centre .....	Specialist Housing .....	38
Threshold .....	Homelessness Advice And Support .....	44
Tír na nÓg - Cork Simon Community.....	Long Term Supported Housing .....	26
<b>V</b>		
Victoria Road - Cork Simon Community .....	Long Term Supported Housing .....	27
<b>W</b>		
Wellsprings .....	Transitional Housing .....	22
Women's Aid.....	Specialist Advice And Support .....	67